

TaiShan

FITNESS

EQUIPMENT

+86 184 5317 8888

www.taishansports.cn

info@taishansports.com

No.1 Taishan Tiyu Rd., Laoling City, Dezhou City,
Shandong Province, China 253600



2026

TAISHAN SPORTS

WE BRING SPORTS ENJOYMENT TO THE WORLD



ABOUTS US

One-Stop Global Sports Solution Service



Zero Complaints

We have served more than 1,000 international and domestic top sports events including 6 Olympic Games and 3 Youth Olympic Games, with "Zero Complaints".



Zero Breakdowns

As the world's top event service provider, We take high product quality seriously and will settle for nothing less than equipment "Zero Breakdown".



Zero Faults

With "Zero Failure" service level and the value pursuit of "no small matters in game" in mind, we have built the world's leading sports brand.



COMPANY INFO

As a leader in the domestic sports equipment industry, Shandong Taishan Sports Equipment Co., LTD. is renowned in the domestic and foreign markets with 47 years of brand work. The company provides one-stop solutions covering the full range of needs from professional competitive sports equipment to national fitness facilities.

Taishan Sports has a full range of competitive sports equipment and auxiliary training equipment, including but not limited to gymnastics, track and field, judo, wrestling, basketball, martial arts, boxing, karate, Taekwondo, Sambo, parkour, to meet the needs of various professional events. At the same time, the company also produces national fitness equipment, professional sports MATS and civilian leisure MATS, and is committed to promoting the development of national sports. We have obtained a number of international certifications and international co-operation recognition, trustworthy from product quality and quality.

Our products are used in many influential competitions, such as the Olympic Games, Youth Olympic Games, Asian Games and other large sports events at home and abroad. The products and service have passed the strict test of these competitions, and have been praised by athletes and coaches.

Relying on the strong research and development strength of the group, the company continues to launch innovative products, such as carbon fiber composite gymnastics products, and XPE multi-functional sports MATS included in the national Torch program, showing the strength of the company in scientific and technological innovation.

In addition, the company has obtained a number of international certifications and honors, including quality, environment, safety system certification and European CE certification, from the product quality and quality is trustworthy. Product materials environmental protection, safety, in line with the international market high standards. Taishan Sports is a national recognized enterprise technology center, with sufficient product research and development capabilities and quality control advantages. At the same time, we also participate in the development of international and domestic standards, product implementation standards industry leading.

TAISHAN
SPORTS

CARDIO

www.taishansports.cn

TaiShan



Specifications:

- Product power: 3.0 hp (2.2 kw)
- Speed range: 1-20 km/h
- Incline range: 0-20%
- Dimensions: 2200 x 910 x 1615 mm
- Running surface: 1530 x 580 mm
- Maximum load capacity: 150 kg



TS-DL800A

Commercial Treadmill

1. Equipped with an internationally leading digital signal transmission system, ensuring precise treadmill control and eliminating sudden stops or unintended acceleration.
2. Utilizes 100 mm diameter rollers, addressing technical challenges to extend the lifespan of both the motor and rollers while reducing noise levels.
3. Features an anti-static design and proprietary anti-electromagnetic interference technology, fully ensuring exercise safety.
4. Incorporates a specially designed roller structure to effectively prevent belt misalignment, enhancing operational stability.
5. Constructed with ultra-high-strength uprights and oversized handrails, significantly improving stability while reinforcing the treadmill's premium, substantial appearance.
6. The side rails feature a non-slip design for enhanced comfort when standing, reflecting the product's human-centered and meticulously detailed design philosophy.
7. The emergency stop button employs a unique design that extends its service life, ensuring an optimal running experience for your members.



Specifications:

- Product power: 3.0 hp (2.2 kw)
- Speed range: 1-20 km/h
- Incline range: 0-20%
- Dimensions: 2200 x 910 x 1615 mm
- Running surface: 1530 x 580 mm
- Maximum load capacity: 150 kg



TS-DL800B

Commercial Treadmill (LCD Screen)

1. Equipped with an internationally leading digital signal transmission system, ensuring precise treadmill control and eliminating sudden stops or unintended acceleration.
2. Utilizes 100 mm diameter rollers, addressing technical challenges to extend the lifespan of both the motor and rollers while reducing noise levels.
3. Features an anti-static design and proprietary anti-electromagnetic interference technology, fully ensuring exercise safety.
4. Incorporates a specially designed roller structure to effectively prevent belt misalignment, enhancing operational stability.
5. Constructed with ultra-high-strength uprights and oversized handrails, significantly improving stability while reinforcing the treadmill's premium, substantial appearance.
6. The side rails feature a non-slip design for enhanced comfort when standing, reflecting the product's human-centered and meticulously detailed design philosophy.
7. The emergency stop button employs a unique design that extends its service life, ensuring an optimal running experience for your members.

TREADMILL

- 1.Heart rate display range: 50–256 bpm
- 2.Speed display range: 1–20 km/h
- 3.Incline display range: 1–20%
- 4.Belt thickness: 2.4 mm



TS-S600A

Treadmill

Display size: 21.5 inches, multi-window display

- 5.Effective running area: 1530 × 600 mm
- 6.Maximum user weight: 150 kg
- 7.Motor rated power: 1.85 kw
- 8.Deck thickness: 25 mm
- 9.Lubrication method: manual



TS-S600B

Treadmill (LCD Screen)

Display size: 21.5-inch LCD display



TS-MHY005

Stair Climber

- 1.Step surface dimensions: 560 × 240 mm
- 2.Step height: 205 mm
- 3.Program modes: 3 target modes (time, steps, calories)
- 4.Display parameters: time, steps, calories, speed
- 5.Maximum user weight: 200 kg
- 6.Pedal material: rubber
- 7.Console: 13-inch LED display
- 8.Net weight / gross weight: 230 / 270 kg



TS-MH6800

Manual Treadmill

- 1.Dimensions: 1830 × 1670 × 900 mm
- 2.Display: 3.5-inch LED
- 3.Effective running area: 1640 × 495 mm
- 4.Program modes: 3 target modes (time, distance, calories)
- 5.Display parameters: time, distance, calories, speed
- 6.Maximum user weight: 200 kg
- 7.Net weight / gross weight: 135 / 175 kg

TS-M7808R

Recumbent Exercise Bike

- 1.Simple and elegant design with a perfect balance of tension and relaxation, delivering a strong sense of value and professionalism while highlighting the product's premium quality and exceptional style.
- 2.The ultra-comfortable adjustable seat, uniquely designed based on ergonomics, enhances sitting comfort and makes the workout experience more enjoyable.
- 3.Crafted from high-quality selected steel and incorporating advanced domestic and international design concepts, the product showcases a stylish, stable, and substantial appearance.
- 4.Equipped with an advanced electromagnetic resistance adjustment system, allowing scientific, safe, and stable intensity regulation.
- 5.Hand-grip heart rate sensing system enables convenient and real-time heart rate monitoring during exercise, allowing users to track their workout effectiveness.
- 6.Dimensions: 1765 × 730 × 1470 mm
- 7.Net weight: 86 kg



TS-M7808U

Upright Exercise Bike

- 1.Simple and elegant design with a perfect balance of tension and relaxation, delivering a strong sense of value and professionalism while highlighting the product's premium quality and exceptional style.
- 2.The ultra-comfortable adjustable seat, uniquely designed based on ergonomics, enhances sitting comfort and makes the workout experience more enjoyable.
- 3.Crafted from high-quality selected steel and incorporating advanced domestic and international design concepts, the product showcases a stylish, stable, and substantial appearance.
- 4.Equipped with an advanced electromagnetic resistance adjustment system, allowing scientific, safe, and stable intensity regulation.
- 5.Hand-grip heart rate sensing system enables convenient and real-time heart rate monitoring during exercise, allowing users to track their workout effectiveness.
- 6.Dimensions: 1215 × 730 × 1575 mm
- Net weight: 63 kg



TS-RM07

Magnetic / Air Resistance Rowing Machine

- 1.Dimensions: 2513 × 515 × 1100 mm
- 2.Net weight: 50 kg
- 3.Resistance: air resistance + magnetic resistance
- 4.Resistance levels: 8 levels
- 5.LCD display window
- 6.Programs: manual, fat burn, distance, interval training (time & distance), rowing state interval training, race training, heart rate training
- 7.Maximum user weight: 150 kg



TS-M5807

Commercial Spin Bike

- 1.Constructed entirely with oval-shaped tubing, creating a more unified and aesthetically pleasing appearance.
- 2.Replaces the traditional sleeve-style seat adjustment with a sliding rail system, reducing exposed electroplated parts on the bike to prevent corrosion caused by sweat, which often adds significant maintenance pressure for clubs.
- 3.The new model features improved adjustment knobs for both the handlebar and seat, which are more durable, aesthetically refined, and less prone to failure. Previously, the sweat cover consisted of three plastic panels separately attached to the frame. The front panel, in particular, resembled a bicycle fender in shape and lacked visual appeal. Moreover, this front panel was not secured with screws but simply hung on the frame, making it prone to loosening or detachment. In contrast, the sweat cover on the new model is developed as an integrated mold, forming a single piece that not only provides effective sweat protection but also delivers a more streamlined and attractive design.
- 4.Dimensions: 1200 × 620 × 1240 mm
- 5.Net weight: 57 kg

TS-M5809

Commercial Spin Bike

- 1.The frame features an ergonomic design. The seat can be adjusted forward/backward and up/down by the user.
- 2.The handlebar can be adjusted up/down.
- 3.The frame is equipped with a water bottle holder.
- 4.Adjustable pedal cages provide a more secure and comfortable fit.
- 5.Utilizes imported reinforced bottom bracket and high-strength large pedals, reducing failure rate and extending service life.
- 6.Belt drive system allows bidirectional rotation with user-selectable direction, ensuring smoother operation.
- 7.The bike has a net weight of 70 kg and features a 20 kg flywheel, ensuring excellent exercise stability.
- 8.Front transport wheels allow for easy and convenient movement of the bike.
- 9.Resistance type: felt pad brake system. resistance adjustment: stepless resistance adjustment.
- 10.Unique protective cover design prevents the flywheel from being corroded by sweat.
- 11.Handlebar adjustment is smoother and more stable, with improved corrosion resistance.
- 12.The overall streamlined design gives the product a more fluid and aesthetically pleasing appearance.



Specifications

Net weight: 70 kg

Dimensions: 1160 × 625 × 1305 mm

With a net weight of 70 kg and a 20 kg flywheel, the bike ensures excellent exercise stability.



TS-M8809

Elliptical Machine

- 1.Large LCD screen displays various exercise data, console readings include time, distance, calories, heart rate, and speed.
- 2.Pedal amplitude: 480 mm
- 3.Resistance adjustment: permanent magnetic resistance system, resistance levels: 0-20
- 4.Power: 500 W
- 5.Drive system: multi-wedge belt drive
- 6.Handrails: PU foam handrails
- 7.Maximum user weight: 150 kg
- 8.Dimensions: 2050 × 750 × 1600 mm
- 9.Net weight: 130 kg
- 10.Preset programs: Distance countdown mode, calorie countdown mode, time countdown mode
- 11.Fixed programs: P1, P2, P3, P4, P5, P6, P7, P8



TS-TXD180

AB Coaster

- 1.Dimensions: 1515 × 680 × 1435 mm
- 2.Net weight: 60 kg



TS-D20

2-in-1 Rowing Machine

- 1.Dimensions: 2405 × 625 × 1145 mm
- 2.Air resistance: 1-10 gears, magnetic resistance: 1-8 levels
- 3.Type: detachable
- 4.Maximum user weight: 150 kg



TS-D12

Spin Bike

- 1.Dimensions: 1330 × 525 × 1220 mm
- 2.Net weight: 63 kg
- 3.Drive system: belt drive



TS-D13

Air Bike

- 1.Dimensions: 1365 × 610 × 1440 mm
- 2.Net weight: 59 kg
- 3.Drive system: belt drive
- 4.Flat oval tube size: 97 × 40 × 2.5 mm



TS-D14

Spin Bike

- 1.Dimensions: 1310 × 535 × 1275 mm
- 2.Net weight: 61 kg
- 3.Drive system: belt drive





TS-D15 //

Magnetic Resistance Bike

- 1.Adjustable magnetic resistance
- 2.Dimensions: 1310 × 535 × 1275 mm
- 3.Drive system: belt drive
- 4. Net weight: 61.5 kg



TS-D16 //

Magnetic Resistance Bike

- 1.Net weight: 48.5 kg
- 2.Dimensions: 1190 × 590 × 1000 mm
- 3.Tubing: oval tube 120mm × 40mm × 2.5t, oval tube 100mm × 50mm × 2.5t
- 4.Pedal installation utilizes Morse taper for a tighter fit and greater durability
- 5.Commercial-grade pure aluminum rear flywheel ensures stable operation even at high speeds
- 6.Extra-large steel frame provides enhanced overall corrosion resistance
- 7.Aerodynamic and circulation design
- 8. Stepless magnetic resistance adjustment



TS-X200F //

Magnetic Resistance Stair Climber

- 1. Size: : 1154*740*1967mm
- 2. N.W.: 190kg
- 3. Maximum load :150kg
- 4. Effective width of steps: 493mm
- 5. Step height: 197mm
- 6. Resistance mode: Reluctance motor control
- 7. Number of steps: 6 sections
- 8. Rated voltage: AC220V/50HZ



TS-W100 //

Manual Vertical Climber

- 1.Dimensions: 1095 × 1050 × 2420 mm
- 2.Net weight: 45.5 kg
- 3.Square steel tube size: 50 × 1000 × 2.5 mm
- 4.Climbing angle: 70°
- 5.Climbing stride: 540 mm
- 6.Maximum user weight: 120 kg



TS-W200 //

Motorized Vertical Climber

- 1.Dimensions: 1095 × 1050 × 2420 mm
- 2.Net weight: 95 kg
- 3.Pipe material: steel
- 4.Climbing angle: 75°
- 5.Climbing stride: 540 mm
- 6.Maximum user weight: 120 kg
- 7.Adjustable resistance: 20 levels



TS-X200B //

Stair Climber (LED Screen)

- 1.LED display
- 2.Dimensions: 1510 × 780 × 2230 mm
- 3.Net weight: 197 kg
- 4.Step height: 210 mm
- 5.Effective step width: 560 mm
- 6.Drive type: electric
- 7.Motor specifications: AC 220 V, 50 Hz, 2 hp
- 8.Console display functions: time, resistance, calories, steps, heart rate



TS-X200E //

Stair Climber (LCD Screen)

- 1.LCD display
- 2.Dimensions: 1510 × 780 × 2230 mm
- 3.Net weight: 197 kg
- 4.Step height: 210 mm
- 5.Effective step width: 560 mm
- 6.Drive type: electric
- 7.Motor specifications: AC 220 V, 50 Hz, 2 hp
- 8.Console display functions: time, resistance, calories, steps, heart rate



TS-X200D //

Non-motorized Stair Climber

- 1.Dimensions: 1155 × 780 × 1995 mm
- 2.Net weight: 210 kg
- 3.User Weight: ≤ 150kg
- 4.Drive system: chain transmission
- 5.Resistance system: magnetic resistance adjustment
- 6.Resistance adjustment: 8 levels
- 7.Brake system: brake band
- 8.Number of steps: 6



TS-X300A //

Arc Trainer

- 1.Dimensions: 1765 × 970 × 1650 mm
- 2.Resistance: 900 W at 180 rpm
- 3.Incline levels: 15
- 4.Stride length: 61 cm
- 5.Maximum user weight: 150 kg
- 6.Power source: self-generating motor
- 7.Programs: manual mode + automatic mode
- 8.USB: mobile phone charging function
- 9.Heart rate: contact type
- 10.Functions: elliptical, skiing, climbing



TS-X500A //

Commercial Treadmill with Push Buttons

- 1.LED display
- 2.Equipped with a powerful 3 hp motor
- 3.Belt dimensions: 3325 × 558 mm
- 4.Effective running area: 1420 × 558 mm
- 5.Dimensions: 2125 × 980 × 1730 mm
- 6.Net weight: 158 kg
- 7.Gross weight: 180 kg
- 8.Maximum user weight: 200 kg



TS-X500B //

Commercial Treadmill

- 1.LCD display
- 2.Equipped with a powerful 3 hp motor
- 3.Belt dimensions: 3325 × 558 mm
- 4.Effective running area: 1420 × 558 mm
- 5.Dimensions: 2125 × 980 × 1730 mm
- 6.Net weight: 158 kg
- 7.Gross weight: 180 kg
- 8.Maximum user weight: 200 kg



TS-X510A //

Elliptical Machine (LED Screen)

- 1.LED display
- 2.Natural gait incline adjustment
- 3.Adjustable incline: 10° – 35°
- 4.20 resistance levels
- 5.Weight: 154 kg
- 6.With heart rate monitoring
- 7.Dimensions: 2030 × 760 × 1830 mm



TS-X510B //

Elliptical Machine (LCD Screen)

- 1.LCD display
- 2.Natural gait incline adjustment
- 3.Adjustable incline: 10° – 35°
- 4.20 resistance levels
- 5.Weight: 154 kg
- 6.With heart rate monitoring
- 7.Dimensions: 2030 × 760 × 1830 mm



TS-X511A //

Elliptical Machine (LED Screen)

- 1.LED display
- 2.Natural gait incline adjustment
- 3.Adjustable incline: 10° – 35°
- 4.20 resistance levels
- 5.Weight: 154 kg
- 6.With heart rate monitoring
- 7.Dimensions: 2030 × 760 × 1830 mm



TS-X530A //

Upright Exercise Bike (LED Screen)

- 1.LED display
- 2.Dimensions: 1125 × 525 × 1565 mm
- 3.Net weight: 62.5 kg
- 4.Maximum user weight: 150 kg
- 5.Drive type: Self-generating motor with heart rate monitor
- 6.Resistance range: 0–20 levels
- 7.With heart rate monitoring



TS-X530B //

Upright Exercise Bike (LCD Screen)

- 1.LCD display
- 2.Dimensions: 1125 × 525 × 1565 mm
- 3.Net weight: 62.5 kg
- 4.Maximum user weight: 150 kg
- 5.Drive type: Self-generating motor with heart rate monitor
- 6.Resistance range: 0–20 levels
- 7.With heart rate monitoring



TS-X600A //

Commercial Treadmill (LED Screen)

- 1.LED display
- 2.Ultra-strong silicone cushioning system
- 3.Equipped with a powerful 3 hp motor
- 4.Running area: 1630 × 600 mm
- 5.Running speed: 1-20 km/h
- 6.Dimensions: 2320 × 965 × 1695 mm
- 7.Net weight: 201 kg
- 8.Gross weight: 223 kg
- 9.Maximum user weight: 200 kg



TS-X511B //

Elliptical Machine (LCD Screen)

- 1.LCD display
- 2.Natural gait incline adjustment
- 3.Adjustable incline: 10° – 35°
- 4.20 resistance levels
- 5.Weight: 154 kg
- 6.With heart rate monitoring
- 7.Dimensions: 2030 × 760 × 1830 mm

RECUMBENT EXERCISE BIKE

- 1.Dimensions: 1075 × 585 × 1370 mm
- 2.Net weight: 77 kg
- 3.Maximum user weight: 150 kg
- 4.Drive type: Self-generating motor with heart rate monitor
- 5.Resistance range: 0–20 levels
- 6.With heart rate monitoring



TS-X520A //

Recumbent Exercise Bike (LED Screen)



TS-X520A //

Recumbent Exercise Bike (LED Screen)



TS-X600B //

Commercial Treadmill (LCD Screen)

- 1.LCD display
- 2.Ultra-strong silicone cushioning system
- 3.Equipped with a powerful 3 hp motor
- 4.Running area: 1600 × 600 mm
- 5.Running speed: 1-20 km/h
- 6.Dimensions: 2320 × 965 × 1695 mm
- 7.Net weight: 201 kg
- 8.Gross weight: 223 kg
- 9.Maximum user weight: 200 kg



TS-X700 //

2-in-1 Treadmill

- 1.Dimensions: 2065 × 940 × 1720 mm
- 2.Incline range: 0–15%
- 3.Speed range: 1–20 km/h
- 4.Net weight: 233 kg
- 5.Maximum user weight: 200 kg
- 6.Motor: equipped with a continuous-duty 3 hp motor



TS-X800 //

Surfing Machine

- 1.Dimensions: 2097 × 1135 × 1485 mm
- 2.Net weight: 225.5 kg
- 3.Display functions: time, speed, workout guide
- 4.Drive mode: motor-driven



TS-Y500A



Flat board mechanical treadmill

- 1. Sports mode: from level 1 to level 8, 2 different sports mode
- 2. Braking mode: magnet resistance adjustment
- 3. Belt type: 2.2mm ultra low friction coefficient running belt
- 4. Machine size: 2170*890*1575mm
- 5. Running belt size : 3325*558mm
- 6. Drive type: mechanical
- 7. Speed: 0-20 km
- 8. Effective use of size: 1420*558mm
- 9. Maximum load: 200kg
- 10. Net weight: 200kg
- 11. Packing size: 2270*1020*730mm
- 12. Gross weight: 242 kg
- 13. Max loaded plates: 60kg*2



TS-Y500B



Flat board mechanical treadmill

- 1. Sports mode: from level 1 to level 8, 2 different sports mode
- 2. Braking mode: magnet resistance adjustment
- 3. Belt type: 2.2mm ultra low friction coefficient running belt
- 4. Machine size: 2170*890*1575mm
- 5. Running belt size : 3325*558mm
- 6. Drive type: mechanical
- 7. Speed: 0-20 km
- 8. Effective use of size: 1420*558mm
- 9. Maximum load: 200kg
- 10. Net weight: 200kg
- 11. Packing size: 2270*1020*730mm
- 12. Gross weight: 242 kg
- 13. Max loaded plates: 60kg*2



TS-Y600A



Self-propelled Treadmill (aluminum alloy belt)

- 1.Exercise modes: 1-8 levels adjustable
- 2. Braking method: magnetic resistance adjustment
- 3. Running belt: track type, aluminum alloy running belt
- 4. Belt dimensions: 3600 × 480 mm
- 5. Drive method: gravity-driven
- 6. Speed range: 0-20 km/h
- 7. Running area: 1500 × 430 mm
- 8. Maximum user weight: 180 kg
- 9. Net weight: 150.5 kg
- 10. Gross weight: 185 kg
- 11. Dimensions: 1850 × 860 × 1580 mm
- 12. Package dimensions: 1800 × 1000 × 560 mm



TS-Y600B



Self-propelled Treadmill (nylon belt)

- 1. Exercise modes: 1-8 levels adjustable
- 2. Braking method: magnetic resistance adjustment
- 3. Running belt: track type, nylon running belt
- 4. Belt dimensions: 3600 × 480 mm
- 5. Drive method: gravity-driven
- 6. Speed range: 0-20 km/h
- 7. Running area: 1500 × 430 mm
- 8. Maximum user weight: 180 kg
- 9. Net weight: 150.5 kg
- 10. Gross weight: 185 kg
- 11. Dimensions: 1850 × 860 × 1580 mm
- 12. Package dimensions: 1800 × 1000 × 560 mm

STRENGTH
TRAINING

FH STRENGTH SERIES



TS-FH01 //

Prone Leg Curl

- 1. Dimensions: 1510 × 1075 × 1550 mm
- 2. Net weight: 234.5 kg
- 3. Gross weight: 286 kg
- 4. Package dimensions: 1620 × 890 × 600 mm
- 5. Weight stack: 100 kg



TS-FH02 //

Seated Leg Extension

- 1. Dimensions: 1325 × 1230 × 1550 mm
- 2. Net weight: 245.5 kg
- 3. Gross weight: 298 kg
- 4. Package dimensions: 1780 × 930 × 630 mm
- 5. Weight stack: 100 kg



TS-FH03 //

Seated Leg Press

- 1. Dimensions: 1960 × 1090 × 1550 mm
- 2. Net weight: 287.5 kg
- 3. Gross weight: 339 kg
- 4. Package dimensions: 1860 × 880 × 680 mm
- 5. Weight stack: 115 kg



TS-FH05 //

Shoulder Press

- 1. Dimensions: 1260 × 1180 × 1550 mm
- 2. Net weight: 219.5 kg
- 3. Gross weight: 272 kg
- 4. Package dimensions: 1570 × 1060 × 600 mm
- 5. Weight stack: 70 kg



TS-FH06 //

Shoulder Press

- 1. Dimensions: 1325 × 1300 × 1550 mm
- 2. Net weight: 236.5 kg
- 3. Gross weight: 288 kg
- 4. Package dimensions: 1580 × 1070 × 580 mm
- 5. Weight stack: 100 kg



TS-FH07 //

Rear Delt Fly

- 1. Dimensions: 1490 × 1075 × 2190 mm
- 2. Net weight: 268.5 kg
- 3. Gross weight: 320 kg
- 4. Package dimensions: 2220 × 1320 × 600 mm
- 5. Weight stack: 100 kg



TS-FH08 //

Seated Chest Press

- 1. Dimensions: 1425 × 1395 × 1550 mm
- 2. Net weight: 238.5 kg
- 3. Gross weight: 290 kg
- 4. Package dimensions: 1720 × 930 × 810 mm
- 5. Weight stack: 100 kg



TS-FH09 //

Dip / Pull-Up Station

- 1. Dimensions: 1685 × 1120 × 2245 mm
- 2. Net weight: 329.5 kg
- 3. Gross weight: 381 kg
- 4. Package dimensions: 2220 × 1120 × 580 mm
- 5. Weight stack: 100 kg



TS-FH18 //

Rotary Torso

- 1. Dimensions: 1350 × 1335 × 1550 mm
- 2. Net weight: 203.5 kg
- 3. Gross weight: 255 kg
- 4. Package dimensions: 1620 × 1120 × 900 mm
- 5. Weight stack: 70 kg



TS-FH23 //

Seated Leg Curl

- 1. Dimensions: 1600 × 1235 × 1550 mm
- 2. Net weight: 231 kg
- 3. Gross weight: 283 kg
- 4. Package dimensions: 1580 × 940 × 640 mm
- 5. Weight stack: 70 kg



TS-FH10 //

Split Chest Press

- 1. Dimensions: 1545 × 1285 × 1860 mm
- 2. Net weight: 248.5 kg
- 3. Gross weight: 300 kg
- 4. Package dimensions: 1920 × 1040 × 700 mm
- 5. Weight stack: 100 kg



TS-FH19 //

Ab Machine

- 1. Dimensions: 1330 × 1290 × 1550 mm
- 2. Net weight: 250 kg
- 3. Gross weight: 303 kg
- 4. Package dimensions: 1670 × 920 × 860 mm
- 5. Weight stack: 100 kg



TS-FH24 //

Glute Kickback

- 1. Dimensions: 1350 × 950 × 1550 mm
- 2. Net weight: 213 kg
- 3. Gross weight: 265 kg
- 4. Package dimensions: 1620 × 890 × 730 mm
- 5. Weight stack: 70 kg



TS-FH16 //

Full Cable Crossover

- 1. Dimensions: 4265 × 720 × 2365 mm
- 2. Net weight: 325 kg
- 3. Gross weight: 390 kg
- 4. Package dimensions: 2370 × 1170 × 680 mm
- 5. Weight stack: 70kg*2



TS-FH20 //

Split Shoulder Press

- 1. Dimensions: 1480 × 1270 × 1550 mm
- 2. Net weight: 232 kg
- 3. Gross weight: 284 kg
- 4. Package dimensions: 1620 × 900 × 630 mm
- 5. Weight stack: 100 kg



TS-FH25 //

Hip Adductor / Abductor

- 1. Dimensions: 1480 × 825 × 1550 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 275 kg
- 4. Package dimensions: 1570 × 1120 × 830 mm
- 5. Weight stack: 70 kg



TS-FH26 //

Triceps Pushdown

- 1. Dimensions: 1285 × 1150 × 1550 mm
- 2. Net weight: 228 kg
- 3. Gross weight: 280 kg
- 4. Package dimensions: 1520 × 1200 × 620 mm
- 5. Weight stack: 85 kg



TS-FH28 //

45° Triceps Extension

- 1. Dimensions: 1235 × 1180 × 1550 mm
- 2. Net weight: 205 kg
- 3. Gross weight: 257 kg
- 4. Package dimensions: 1570 × 940 × 580 mm
- 5. Weight stack: 70 kg



TS-FH29 //

Split Lat Pulldown

- 1. Dimensions: 1540 × 1180 × 1550 mm
- 2. Net weight: 188 kg
- 3. Gross weight: 240 kg
- 4. Package dimensions: 1660 × 920 × 610 mm
- 5. Weight stack: 100 kg



TS-FH85B //

Ab Extension / Curl

- 1. Dimensions: 1335 × 1100 × 1550 mm
- 2. Net weight: 216.5 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 1620 × 880 × 660 mm
- 5. Weight stack: 70 kg



TS-FH86 //

Biceps / Triceps

- 1. Dimensions: 1590 × 1320 × 2230 mm
- 2. Net weight: 215.5 kg
- 3. Gross weight: 275 kg
- 4. Package dimensions: 2200 × 1050 × 580 mm
- 5. Weight stack: 70 kg



TS-FH86B //

Biceps / Triceps

- 1. Dimensions: 1300 × 1295 × 1550 mm
- 2. Net weight: 215.5 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 2200 × 1050 × 580 mm
- 5. Weight stack: 70 kg



TS-FH30 //

45° Bicep Curl

- 1. Dimensions: 1250 × 1230 × 1550 mm
- 2. Net weight: 203 kg
- 3. Gross weight: 255 kg
- 4. Package dimensions: 1600 × 940 × 650 mm
- 5. Weight stack: 70 kg



TS-FH31 //

Back Extension

- 1. Dimensions: 1335 × 1060 × 1550 mm
- 2. Net weight: 233.5 kg
- 3. Gross weight: 285 kg
- 4. Package dimensions: 1570 × 970 × 660 mm
- 5. Weight stack: 100 kg



TS-FH33 //

Seated Low Row (Back)

- 1. Dimensions: 1455 × 1155 × 1820 mm
- 2. Net weight: 243 kg
- 3. Gross weight: 295 kg
- 4. Package dimensions: 1880 × 970 × 480 mm
- 5. Weight stack: 85 kg



TS-FH87 //

Leg Extension / Curl

- 1. Dimensions: 1460 × 1245 × 1550 mm
- 2. Net weight: 259.5 kg
- 3. Gross weight: 294 kg
- 4. Package dimensions: 1640 × 920 × 760 mm
- 5. Weight stack: 70 kg



TS-FH87B //

Leg Extension / Curl

- 1. Dimensions: 1340 × 1245 × 1550 mm
- 2. Net weight: 259.5 kg
- 3. Gross weight: 294 kg
- 4. Package dimensions: 1640 × 920 × 760 mm
- 5. Weight stack: 70 kg



TS-FH88 //

Chest / Shoulder press

- 1. Dimensions: 2235 × 1500 × 1550 mm
- 2. Net weight: 264 kg
- 3. Gross weight: 324 kg
- 4. Package dimensions: 1620 × 1120 × 680 mm
- 5. Weight stack: 70 kg



TS-FH34 //

Dual-Station Lat Pulldown

- 1. Dimensions: 1305 × 1265 × 1550 mm
- 2. Net weight: 233 kg
- 3. Gross weight: 286 kg
- 4. Package dimensions: 1570 × 1120 × 540 mm
- 5. Weight stack: 100 kg



TS-FH35 //

Seated Pulldown

- 1. Dimensions: 1700 × 1450 × 1955 mm
- 2. Net weight: 267 kg
- 3. Gross weight: 320 kg
- 4. Package dimensions: 1870 × 1170 × 600 mm
- 5. Weight stack: 100 kg



TS-FH85 //

Ab Extension / Curl

- 1. Dimensions: 1220 × 1155 × 1550 mm
- 2. Net weight: 216.5 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 1620 × 880 × 660 mm
- 5. Weight stack: 70 kg



TS-FH89 //

Pull Down / Long Pull

- 1. Dimensions: 1610 × 1280 × 2145 mm
- 2. Net weight: 268 kg
- 3. Gross weight: 328 kg
- 4. Package dimensions: 1850 × 1020 × 830 mm
- 5. Weight stack: 70 kg



TS-FH89B //

Biceps / Triceps

- 1. Dimensions: 2110 × 1100 × 2225 mm
- 2. Net weight: 268 kg
- 3. Gross weight: 328 kg
- 4. Package dimensions: 2220 × 1060 × 580 mm
- 5. Weight stack: 70 kg



TS-FH93 //

Seated Calf Raise

- 1. Dimensions: 1330 × 1140 × 1550 mm
- 2. Net weight: 201.5 kg
- 3. Gross weight: 259 kg
- 4. Package dimensions: 1600 × 950 × 710 mm
- 5. Weight stack: 70 kg

FF STRENGTH SERIES



TS-FF01

Prone Leg Curl

- 1. Dimensions: 1515 × 1095 × 1500 mm
- 2. Net weight: 211.5 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 1460 × 950 × 680 mm
- 5. Weight stack: 100 kg



TS-FF02

Seated Leg Extension

- 1. Dimensions: 1315 × 1255 × 1500 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 1600 × 950 × 720 mm
- 5. Weight stack: 100 kg



TS-FF03

Seated Leg Press

- 1. Dimensions: 1970 × 1125 × 1500 mm
- 2. Net weight: 251.5 kg
- 3. Gross weight: 320 kg
- 4. Package dimensions: 1850 × 970 × 670 mm
- 5. Weight stack: 115 kg



TS-FF05

Shoulder Press

- 1. Dimensions: 1270 × 1260 × 1500 mm
- 2. Net weight: 196.5 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 1550 × 1090 × 710 mm
- 5. Weight stack: 70 kg



TS-FF06

Shoulder Press

- 1. Dimensions: 1225 × 1345 × 1500 mm
- 2. Net weight: 215 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 1600 × 1070 × 720 mm
- 5. Weight stack: 100 kg



TS-FF07

Rear Delt Fly

- 1. Dimensions: 1030 × 965 × 2095 mm
- 2. Net weight: 245 kg
- 3. Gross weight: 305 kg
- 4. Package dimensions: 2220 × 1320 × 580 mm
- 5. Weight stack: 100 kg



TS-FF08

Seated Chest Press

- 1. Dimensions: 1430 × 1415 × 1500 mm
- 2. Net weight: 216 kg
- 3. Gross weight: 271 kg
- 4. Package dimensions: 1720 × 1020 × 810 mm
- 5. Weight stack: 100 kg



TS-FF16

Full Cable Crossover

- 1. Dimensions: 4265 × 720 × 2350 mm
- 2. Net weight: 317 kg
- 3. Gross weight: 397 kg
- 4. Package dimensions: 2370 × 1170 × 680 mm
- 5. Weight stack: 70 kg*2



TS-FF19

Ab Machine

- 1. Dimensions: 1340 × 1290 × 1500 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 620 × 920 × 840 mm
- 5. Weight stack: 70 kg



TS-FF09

Dip / Pull-Up Station

- 1. Dimensions: 1410 × 1025 × 2245 mm
- 2. Net weight: 293 kg
- 3. Gross weight: 350 kg
- 4. Package dimensions: 2420 × 1120 × 590 mm
- 5. Weight stack: 100 kg



TS-FF17

Dual-Arm Machine

- 1. Dimensions: 1525 × 1245 × 2170 mm
- 2. Net weight: 295 kg
- 3. Gross weight: 360 kg
- 4. Package dimensions: 2280 × 1350 × 400 mm
- 5. Weight stack: 70 kg*2



TS-FF20

Split Shoulder Press

- 1. Dimensions: 1225 × 1345 × 1500 mm
- 2. Net weight: 211.5 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 1640 × 920 × 740 mm
- 5. Weight stack: 100 kg



TS-FF10

Split Chest Press

- 1. Dimensions: 1545 × 1290 × 1860 mm
- 2. Net weight: 226 kg
- 3. Gross weight: 281 kg
- 4. Package dimensions: 1920 × 1020 × 670 mm
- 5. Weight stack: 100 kg



TS-FF18

Rotary Torso

- 1. Dimensions: 1355 × 1270 × 1500 mm
- 2. Net weight: 182.5 kg
- 3. Gross weight: 245 kg
- 4. Package dimensions: 1620 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FF23

Seated Leg Curl

- 1. Dimensions: 1485 × 1255 × 1500 mm
- 2. Net weight: 210 kg
- 3. Gross weight: 265 kg
- 4. Package dimensions: 1580 × 940 × 710 mm
- 5. Weight stack: 70 kg



TS-FF24 //

Glute Kickback

- 1. Dimensions: 1360 × 980 × 1500 mm
- 2. Net weight: 191 kg
- 3. Gross weight: 246 kg
- 4. Package dimensions: 1620 × 870 × 780 mm
- 5. Weight stack: 70 kg



TS-FF25 //

Hip Adductor / Abductor

- 1. Dimensions: 1510 × 750 × 1500 mm
- 2. Net weight: 200.5 kg
- 3. Gross weight: 254 kg
- 4. Package dimensions: 1520 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FF26 //

Triceps Pushdown

- 1. Dimensions: 1205 × 1150 × 1500 mm
- 2. Net weight: 204.5 kg
- 3. Gross weight: 250 kg
- 4. Package dimensions: 1550 × 1270 × 580 mm
- 5. Weight stack: 85 kg



TS-FF35 //

Seated Pulldown

- 1. Dimensions: 1700 × 1475 × 1955 mm
- 2. Net weight: 254.5 kg
- 3. Gross weight: 303 kg
- 4. Package dimensions: 1620 × 1120 × 730 mm
- 5. Weight stack: 100 kg



TS-FF36 //

Flat Bench

- 1. Dimensions: 1280 × 740 × 380 mm
- 2. Net weight: 19.5 kg
- 3. Gross weight: 44 kg
- 4. Package dimensions: 1320 × 440 × 380 mm



TS-FF37 //

Flat Adjustable Decline Bench

- 1. Dimensions: 1630 × 740 × 1075 mm
- 2. Net weight: 39 kg
- 3. Gross weight: 68 kg
- 4. Package dimensions: 1630 × 650 × 450 mm



TS-FF28 //

45° Triceps Extension

- 1. Dimensions: 1130 × 1255 × 1500 mm
- 2. Net weight: 195 kg
- 3. Gross weight: 230 kg
- 4. Package dimensions: 1600 × 950 × 780 mm
- 5. Weight stack: 70 kg



TS-FF29 //

Split Lat Pulldown

- 1. Dimensions: 1550 × 1200 × 2055 mm
- 2. Net weight: 232.5 kg
- 3. Gross weight: 287 kg
- 4. Package dimensions: 1650 × 920 × 830 mm
- 5. Weight stack: 100 kg



TS-FF30 //

45° Bicep Curl

- 1. Dimensions: 1255 × 1250 × 1500 mm
- 2. Net weight: 181 kg
- 3. Gross weight: 227 kg
- 4. Package dimensions: 1600 × 850 × 780 mm
- 5. Weight stack: 70 kg



TS-FF38 //

Shoulder Press Bench

- 1. Dimensions: 1155 × 730 × 775 mm
- 2. Net weight: 22.5 kg
- 3. Gross weight: 47 kg
- 4. Package dimensions: 1110 × 850 × 280 mm



TS-FF39 //

Adjustable Dumbbell Bench

- 1. Dimensions: 1330 × 740 × 515 mm
- 2. Net weight: 32 kg
- 3. Gross weight: 59 kg
- 4. Package dimensions: 1200 × 520 × 410 mm



TS-FF41 //

Decline Press Rack

- 1. Dimensions: 2235 × 1785 × 1270 mm
- 2. Net weight: 77 kg
- 3. Gross weight: 116 kg
- 4. Package dimensions: 1520 × 970 × 620 mm



TS-FF31 //

Back Extension

- 1. Dimensions: 1260 × 1085 × 1500 mm
- 2. Net weight: 206.5 kg
- 3. Gross weight: 261 kg
- 4. Package dimensions: 1520 × 870 × 680 mm
- 5. Weight stack: 100 kg



TS-FF33 //

Seated Low Row (Back)

- 1. Dimensions: 1455 × 1175 × 1500 mm
- 2. Net weight: 177 kg
- 3. Gross weight: 232 kg
- 4. Package dimensions: 1490 × 950 × 630 mm
- 5. Weight stack: 85 kg



TS-FF34 //

Seated Row

- 1. Dimensions: 1325 × 1270 × 1500 mm
- 2. Net weight: 216 kg
- 3. Gross weight: 271 kg
- 4. Package dimensions: 1520 × 1120 × 630 mm
- 5. Weight stack: 100 kg



TS-FF42 //

Incline Press Rack

- 1. Dimensions: 1940 × 1785 × 1420 mm
- 2. Net weight: 76.5 kg
- 3. Gross weight: 116 kg
- 4. Package dimensions: 1520 × 870 × 440 mm



TS-FF43 //

Flat Press Rack

- 1. Dimensions: 1740 × 1785 × 1280 mm
- 2. Net weight: 65 kg
- 3. Gross weight: 104 kg
- 4. Package dimensions: 1420 × 870 × 370 mm



TS-FF44 //

Seated Preacher Curl Bench

- 1. Dimensions: 925 × 935 × 900 mm
- 2. Net weight: 40.5 kg
- 3. Gross weight: 62 kg
- 4. Package dimensions: 960 × 970 × 410 mm



TS-FF45 //

Roman Chair

- 1. Dimensions: 1100 × 750 × 790 mm
- 2. Net weight: 43 kg
- 3. Gross weight: 66 kg
- 4. Package dimensions: 1220 × 860 × 350 mm



TS-FF46 //

Multi-Functional Olympic Bench

- 1. Dimensions: 2045 × 1250 × 1590 mm
- 2. Net weight: 53.5 kg
- 3. Gross weight: 103 kg
- 4. Package dimensions: 1670 × 880 × 380 mm



TS-FF47 //

Vertical Knee Up

- 1. Dimensions: 1140 × 785 × 1590 mm
- 2. Net weight: 73.5 kg
- 3. Gross weight: 118 kg
- 4. Package dimensions: 1670 × 1220 × 380 mm



TS-FF55 //

Small Bar Rack

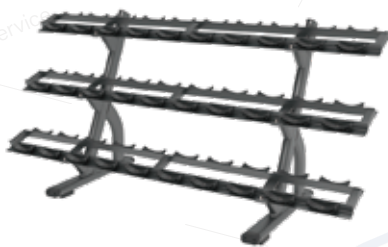
- 1. Dimensions: 900 × 795 × 1500 mm
- 2. Net weight: 61 kg
- 3. Gross weight: 100 kg
- 4. Package dimensions: 1570 × 970 × 270 mm



TS-FF63 //

Smith Machine

- 1. Dimensions: 2175 × 1310 × 2320 mm
- 2. Net weight: 164.5 kg
- 3. Gross weight: 324 kg
- 4. Package dimensions: 2400 × 1370 × 380 mm



TS-FF72 //

3-tier Dumbbell Rack

- 1. Dimensions: 2230 × 780 × 1070 mm
- 2. Net weight: 89 kg
- 3. Gross weight: 149 kg
- 4. Package dimensions: 2320 × 850 × 300 mm



TS-FF48 //

Power Rack

- 1. Dimensions: 1315 × 1560 × 2290 mm
- 2. Net weight: 105 kg
- 3. Gross weight: 165 kg
- 4. Package dimensions: 2400 × 1650 × 360 mm



TS-FF49 //

2-tier Dumbbell Rack

- 1. Dimensions: 2230 × 750 × 755 mm
- 2. Net weight: 64 kg
- 3. Gross weight: 104 kg
- 4. Package dimensions: 2320 × 800 × 300 mm



TS-FF50 //

Squat Rack

- 1. Dimensions: 1690 × 1640 × 1840 mm
- 2. Net weight: 91.5 kg
- 3. Gross weight: 183 kg
- 4. Package dimensions: 1910 × 1690 × 300 mm



TS-FF85 //

Waist / Ab Trainer

- 1. Dimensions: 1120 × 1155 × 1500 mm
- 2. Net weight: 185.5 kg
- 3. Gross weight: 240 kg
- 4. Package dimensions: 1600 × 820 × 780 mm
- 5. Weight stack: 100 kg



TS-FF86 //

Biceps / Triceps

- 1. Dimensions: 1315 × 1185 × 1500 mm
- 2. Net weight: 193.5 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 1620 × 950 × 810 mm
- 5. Weight stack: 70 kg



TS-FF87 //

Seated Leg Curl / Extension

- 1. Dimensions: 1255 × 1360 × 1500 mm
- 2. Net weight: 214.5 kg
- 3. Gross weight: 269 kg
- 4. Package dimensions: 1620 × 1310 × 670 mm
- 5. Weight stack: 70 kg



TS-FF51 //

Seated Press Rack

- 1. Dimensions: 1640 × 1320 × 1770 mm
- 2. Net weight: 107 kg
- 3. Gross weight: 197 kg
- 4. Package dimensions: 1870 × 1120 × 460 mm



TS-FF53 //

Handle Rack

- 1. Dimensions: 900 × 710 × 1060 mm
- 2. Net weight: 48 kg
- 3. Gross weight: 88 kg
- 4. Package dimensions: 1180 × 990 × 330 mm



TS-FF54 //

Weight Plate Tree

- 1. Dimensions: 600 × 620 × 1315 mm
- 2. Net weight: 23 kg
- 3. Gross weight: 63 kg
- 4. Package dimensions: 1320 × 620 × 300 mm



TS-FF88 //

Chest / Shoulder Press

- 1. Dimensions: 1515 × 2235 × 1500 mm
- 2. Net weight: 261 kg
- 3. Gross weight: 316 kg
- 4. Package dimensions: 1590 × 1160 × 780 mm
- 5. Weight stack: 100 kg

FS STRENGTH SERIES



TS-FF89

High/Low Pulley Machine

- 1. Dimensions: 2130 × 1230 × 2225 mm
- 2. Net weight: 215 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 2200 × 1060 × 610 mm
- 5. Weight stack: 70 kg



TS-FF90

Prone Leg Extension / Curl Combo

- 1. Dimensions: 1155 × 1530 × 1500 mm
- 2. Net weight: 206.5 kg
- 3. Gross weight: 261 kg
- 4. Package dimensions: 1500 × 1300 × 680 mm
- 5. Weight stack: 70 kg



TS-FS01

Prone Leg Curl

- 1. Dimensions: 1515 × 1110 × 1470 mm
- 2. Net weight: 211.5 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 1460 × 950 × 680 mm
- 5. Weight stack: 100 kg



TS-FS02

Seated Leg Extension

- 1. Dimensions: 1325 × 1255 × 1470 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 1600 × 950 × 720 mm
- 5. Weight stack: 100 kg



TS-FS03

Seated Leg Press

- 1. Dimensions: 1970 × 1125 × 1470 mm
- 2. Net weight: 251.5 kg
- 3. Gross weight: 320 kg
- 4. Package dimensions: 1850 × 970 × 670 mm
- 5. Weight stack: 115 kg



TS-FF93

Seated Calf Raise

- 1. Dimensions: 1330 × 1085 × 1500 mm
- 2. Net weight: 179.5 kg
- 3. Gross weight: 249 kg
- 4. Package dimensions: 1600 × 950 × 680 mm
- 5. Weight stack: 70 kg



TS-FF94

Lateral Raise / Chest Fly Combo

- 1. Dimensions: 1465 × 865 × 2005 mm
- 2. Net weight: 290 kg
- 3. Gross weight: 370 kg
- 4. Package dimensions: 2020 × 1060 × 620 mm
- 5. Weight stack: 100 kg



TS-FS05

Shoulder Press

- 1. Dimensions: 1270 × 1245 × 1470 mm
- 2. Net weight: 196.5 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 1550 × 1090 × 710 mm
- 5. Weight stack: 70 kg



TS-FS06

Shoulder Press

- 1. Dimensions: 1230 × 1345 × 1470 mm
- 2. Net weight: 215 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 1600 × 1070 × 720 mm
- 5. Weight stack: 100 kg



TS-FS07

Rear Delt Fly

- 1. Dimensions: 1050 × 1510 × 2095 mm
- 2. Net weight: 245 kg
- 3. Gross weight: 305 kg
- 4. Package dimensions: 2220 × 1320 × 580 mm
- 5. Weight stack: 100 kg



TS-FS08 //

Seated Chest Press

- 1. Dimensions: 1430 × 1415 × 1470 mm
- 2. Net weight: 216 kg
- 3. Gross weight: 271 kg
- 4. Package dimensions: 1720 × 1020 × 810 mm
- 5. Weight stack: 100 kg



TS-FS09 //

Dip / Pull-Up Station

- 1. Dimensions: 1410 × 1030 × 2245 mm
- 2. Net weight: 293 kg
- 3. Gross weight: 350 kg
- 4. Package dimensions: 2420 × 1120 × 590 mm
- 5. Weight stack: 100 kg



TS-FS10 //

Split Chest Press

- 1. Dimensions: 1545 × 1290 × 1860 mm
- 2. Net weight: 226 kg
- 3. Gross weight: 281 kg
- 4. Package dimensions: 1920 × 1020 × 670 mm
- 5. Weight stack: 100 kg



TS-FS26 //

Triceps Pushdown

- 1. Dimensions: 1175 × 1215 × 1470 mm
- 2. Net weight: 204.5 kg
- 3. Gross weight: 250 kg
- 4. Package dimensions: 1550 × 1270 × 580 mm
- 5. Weight stack: 85 kg



TS-FS28 //

45° Triceps Extension

- 1. Dimensions: 1130 × 1255 × 1470 mm
- 2. Net weight: 183 kg
- 3. Gross weight: 218 kg
- 4. Package dimensions: 1600 × 950 × 780 mm
- 5. Weight stack: 70 kg



TS-FS29 //

Split Lat Pulldown

- 1. Dimensions: 1550 × 1200 × 2055 mm
- 2. Net weight: 232.5 kg
- 3. Gross weight: 287 kg
- 4. Package dimensions: 1650 × 920 × 830 mm
- 5. Weight stack: 100 kg



TS-FS18 //

Rotary Torso

- 1. Dimensions: 1355 × 1270 × 1470 mm
- 2. Net weight: 182.5 kg
- 3. Gross weight: 245 kg
- 4. Package dimensions: 1620 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FS19 //

Ab Machine

- 1. Dimensions: 1350 × 1290 × 1470 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 620 × 920 × 840 mm
- 5. Weight stack: 70 kg



TS-FS20 //

Split Shoulder Press

- 1. Dimensions: 1300 × 1490 × 1470 mm
- 2. Net weight: 211.5 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 1640 × 920 × 740 mm
- 5. Weight stack: 100 kg



TS-FS30 //

45° Bicep Curl

- 1. Dimensions: 1255 × 1250 × 1470 mm
- 2. Net weight: 181 kg
- 3. Gross weight: 227 kg
- 4. Package dimensions: 1600 × 850 × 780 mm
- 5. Weight stack: 70 kg



TS-FS31 //

Back Extension

- 1. Dimensions: 1260 × 1085 × 1470 mm
- 2. Net weight: 206.5 kg
- 3. Gross weight: 261 kg
- 4. Package dimensions: 1520 × 870 × 680 mm
- 5. Weight stack: 100 kg



TS-FS33 //

Seated Low Row (Back)

- 1. Dimensions: 1455 × 1175 × 1470 mm
- 2. Net weight: 177 kg
- 3. Gross weight: 232 kg
- 4. Package dimensions: 1490 × 950 × 630 mm
- 5. Weight stack: 85kg



TS-FS23 //

Seated Leg Curl

- 1. Dimensions: 1485 × 1255 × 1470 mm
- 2. Net weight: 210 kg
- 3. Gross weight: 265 kg
- 4. Package dimensions: 1580 × 940 × 710 mm
- 5. Weight stack: 70 kg



TS-FS24 //

Glute Kickback

- 1. Dimensions: 1360 × 980 × 1470 mm
- 2. Net weight: 191 kg
- 3. Gross weight: 246 kg
- 4. Package dimensions: 1620 × 870 × 780 mm
- 5. Weight stack: 70 kg



TS-FS25 //

Hip Adductor / Abductor

- 1. Dimensions: 1510 × 750 × 1470 mm
- 2. Net weight: 200.5 kg
- 3. Gross weight: 254 kg
- 4. Package dimensions: 1520 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FS34 //

Seated Row

- 1. Dimensions: 1270 × 1325 × 1470 mm
- 2. Net weight: 216 kg
- 3. Gross weight: 271 kg
- 4. Package dimensions: 1520 × 1120 × 630 mm
- 5. Weight stack: 100 kg



TS-FS35 //

Seated Pulldown

- 1. Dimensions: 1700 × 1475 × 1955 mm
- 2. Net weight: 254.5 kg
- 3. Gross weight: 303 kg
- 4. Package dimensions: 1620 × 1120 × 730 mm
- 5. Weight stack: 100 kg



TS-FS93 //

Seated Calf Raise

- 1. Dimensions: 1330 × 1085 × 1470 mm
- 2. Net weight: 179.5 kg
- 3. Gross weight: 249 kg
- 4. Package dimensions: 1600 × 950 × 680 mm
- 5. Weight stack: 70 kg

FB STRENGTH SERIES



TS-FB01

Prone Leg Curl

- 1. Dimensions: 1095 × 1540 × 1500 mm
- 2. Net weight: 209.5 kg
- 3. Gross weight: 264 kg
- 4. Package dimensions: 1460 × 950 × 680 mm
- 5. Weight stack: 100 kg



TS-FB02

Seated Leg Extension

- 1. Dimensions: 1245 × 1365 × 1500 mm
- 2. Net weight: 220 kg
- 3. Gross weight: 265 kg
- 4. Package dimensions: 1600 × 950 × 720 mm
- 5. Weight stack: 100 kg



TS-FB03

Seated Leg Press

- 1. Dimensions: 1985 × 1120 × 1500 mm
- 2. Net weight: 261.5 kg
- 3. Gross weight: 330 kg
- 4. Package dimensions: 1850 × 970 × 670 mm
- 5. Weight stack: 115 kg



TS-FB05

Shoulder Press

- 1. Dimensions: 1240 × 1245 × 1500 mm
- 2. Net weight: 192 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 1550 × 1090 × 710 mm
- 5. Weight stack: 70 kg



TS-FB06

Shoulder Press

- 1. Dimensions: 1230 × 1345 × 1500 mm
- 2. Net weight: 207.5 kg
- 3. Gross weight: 262 kg
- 4. Package dimensions: 1600 × 1070 × 720 mm
- 5. Weight stack: 100 kg



TS-FB07

Rear Delt Fly

- 1. Dimensions: 1050 × 1510 × 2095 mm
- 2. Net weight: 246 kg
- 3. Gross weight: 306 kg
- 4. Package dimensions: 2220 × 1320 × 580 mm
- 5. Weight stack: 100 kg



TS-FB08

Seated Chest Press

- 1. Dimensions: 1390 × 1420 × 1500 mm
- 2. Net weight: 210.5 kg
- 3. Gross weight: 265 kg
- 4. Package dimensions: 1720 × 1020 × 810 mm
- 5. Weight stack: 100 kg



TS-FB09

Dip / Pull-Up Station

- 1. Dimensions: 1710 × 1025 × 2245 mm
- 2. Net weight: 304.5 kg
- 3. Gross weight: 361 kg
- 4. Package dimensions: 2420 × 1120 × 590 mm
- 5. Weight stack: 100 kg



TS-FB10

Split Chest Press

- 1. Dimensions: 1540 × 1290 × 1860 mm
- 2. Net weight: 220 kg
- 3. Gross weight: 275 kg
- 4. Package dimensions: 1920 × 1020 × 670 mm
- 5. Weight stack: 100 kg



TS-FB18

Rotary Torso

- 1. Dimensions: 1355 × 1270 × 1500 mm
- 2. Net weight: 176 kg
- 3. Gross weight: 239 kg
- 4. Package dimensions: 1620 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FB19

Ab Machine

- 1. Dimensions: 1350 × 1290 × 1500 mm
- 2. Net weight: 188 kg
- 3. Gross weight: 242 kg
- 4. Package dimensions: 620 × 920 × 840 mm
- 5. Weight stack: 70 kg



TS-FB20

Split Shoulder Press

- 1. Dimensions: 1490 × 1300 × 1500 mm
- 2. Net weight: 203 kg
- 3. Gross weight: 293 kg
- 4. Package dimensions: 1640 × 920 × 740 mm
- 5. Weight stack: 100 kg



TS-FB23

Seated Leg Curl

- 1. Dimensions: 1635 × 1245 × 1500 mm
- 2. Net weight: 230 kg
- 3. Gross weight: 285 kg
- 4. Package dimensions: 1580 × 940 × 710 mm
- 5. Weight stack: 70 kg



TS-FB24

Glute Kickback

- 1. Dimensions: 1360 × 980 × 1500 mm
- 2. Net weight: 189.5 kg
- 3. Gross weight: 244 kg
- 4. Package dimensions: 1620 × 870 × 780 mm
- 5. Weight stack: 70 kg



TS-FB25

Hip Adductor / Abductor

- 1. Dimensions: 1330 × 1085 × 1470 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 1520 × 1120 × 930 mm
- 5. Weight stack: 70 kg



TS-FB26 //

Triceps Pushdown

- 1. Dimensions: 1205 × 1175 × 1500 mm
- 2. Net weight: 202.5 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 1550 × 1270 × 580 mm
- 5. Weight stack: 85 kg



TS-FB29 //

Split Lat Pulldown

- 1. Dimensions: 1470 × 1205 × 2055 mm
- 2. Net weight: 228.5 kg
- 3. Gross weight: 283 kg
- 4. Package dimensions: 1650 × 920 × 830 mm
- 5. Weight stack: 100 kg



TS-FB30 //

45° Bicep Curl

- 1. Dimensions: 1260 × 1250 × 1500 mm
- 2. Net weight: 175 kg
- 3. Gross weight: 221 kg
- 4. Package dimensions: 1600 × 850 × 780 mm
- 5. Weight stack: 100 kg



TS-AN04 //

Seated Lat Pulldown (Back)

- 1. Dimensions: 1240 × 1210 × 2330 mm
- 2. Net weight: 224 kg
- 3. Gross weight: 282 kg
- 4. Package dimensions: 2370 × 1030 × 710 mm
- 5. Weight stack: 100 kg



TS-AN05 //

Pec Deck

- 1. Dimensions: 1350 × 1440 × 1500 mm
- 2. Net weight: 275 kg
- 3. Gross weight: 335 kg
- 4. Package dimensions: 1620 × 1020 × 1080 mm
- 5. Weight stack: 100 kg



TS-AN06 //

Low Row

- 1. Dimensions: 1790 × 1345 × 1830 mm
- 2. Net weight: 214 kg
- 3. Gross weight: 274 kg
- 4. Package dimensions: 2050 × 920 × 680 mm
- 5. Weight stack: 100 kg



TS-FB33 //

Seated Low Row (Back)

- 1. Dimensions: 1470 × 1165 × 1500 mm
- 2. Net weight: 180 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 1490 × 950 × 630 mm
- 5. Weight stack: 85 kg



TS-FB34 //

Seated Row

- 1. Dimensions: 1335 × 1295 × 15005 mm
- 2. Net weight: 206 kg
- 3. Gross weight: 261 kg
- 4. Package dimensions: 1520 × 1120 × 630 mm
- 5. Weight stack: 100 kg



TS-FB35 //

Seated Pulldown

- 1. Dimensions: 1680 × 1485 × 1870 mm
- 2. Net weight: 247.5 kg
- 3. Gross weight: 296 kg
- 4. Package dimensions: 1620 × 1120 × 730 mm
- 5. Weight stack: 100 kg



TS-AN07 //

Adjustable Ab Bench

- 1. Dimensions: 1520 × 665 × 945 mm
- 2. Net weight: 42.5 kg
- 3. Gross weight: 82 kg
- 4. Package dimensions: 1520 × 820 × 600 mm



TS-AN08 //

Dumbbell Bench

- 1. Dimensions: 1185 × 570 × 550 mm
- 2. Net weight: 35 kg
- 3. Gross weight: 75 kg
- 4. Package dimensions: 1320 × 600 × 640 mm



TS-AN09 //

Hip Adductor

- 1. Dimensions: 1185 × 1400 × 1500 mm
- 2. Net weight: 280 kg
- 3. Gross weight: 340 kg
- 4. Package dimensions: 1650 × 1020 × 1480 mm
- 5. Weight stack: 70 kg

AN STRENGTH SERIES



TS-AN01 //

Weight Plate Tree

- 1. Dimensions: 660 × 740 × 825 mm
- 2. Net weight: 28 kg
- 3. Gross weight: 68 kg
- 4. Package dimensions: 770 × 820 × 980 mm



TS-AN02 //

Dumbbell Rack

- 1. Dimensions: 2410 × 560 × 880 mm
- 2. Net weight: 61 kg
- 3. Gross weight: 105 kg
- 4. Package dimensions: 2230 × 630 × 505 mm



TS-AN03 //

Bar Rack

- 1. Dimensions: 885 × 690 × 1300 mm
- 2. Net weight: 90 kg
- 3. Gross weight: 130 kg
- 4. Package dimensions: 1420 × 800 × 380 mm



TS-AN10 //

Hip Abductor

- 1. Dimensions: 1345 × 860 × 1500 mm
- 2. Net weight: 280 kg
- 3. Gross weight: 340 kg
- 4. Package dimensions: 1650 × 1020 × 1480 mm
- 5. Weight stack: 70 kg



TS-AN12 //

Adjustable Dumbbell Chair

- 1. Dimensions: 1215 × 565 × 480 mm
- 2. Net weight: 31.5 kg
- 3. Gross weight: 71 kg
- 4. Package dimensions: 1200 × 750 × 460 mm



TS-AN13 //

Seated Preacher Curl Bench

- 1. Dimensions: 1010 × 800 × 915 mm
- 2. Net weight: 42 kg
- 3. Gross weight: 82 kg
- 4. Package dimensions: 1100 × 880 × 1060 mm



TS-AN14 //

Full Cable Crossover

- 1. Dimensions: 3800 × 685 × 2395 mm
- 2. Net weight: 328 kg
- 3. Gross weight: 430 kg
- 4. Package dimensions: 2670 × 1170 × 850 mm
- 5. Weight stack: 70 kg*2



TS-AN15 //

Triceps Extension

- 1. Dimensions: 1045 × 1480 × 1480 mm
- 2. Net weight: 182 kg
- 3. Gross weight: 242 kg
- 4. Package dimensions: 1650 × 1270 × 1230 mm
- 5. Weight stack: 70 kg



TS-AN16 //

Seated Leg Press

- 1. Dimensions: 1985 × 1240 × 1815 mm
- 2. Net weight: 445 kg
- 3. Gross weight: 667 kg
- 4. Package dimensions: Pallet 2100 × 2050 × 1200 mm + Large guard plate box
- 5. Weight stack: 100 kg



TS-AN22 //

Ab / Leg Machine

- 1. Dimensions: 1470 × 1610 × 2100 mm
- 2. Net weight: 227.5 kg
- 3. Gross weight: 280 kg
- 4. Package dimensions: 1720 × 1070 × 930 mm
- 5. Weight stack: 100 kg



TS-AN23 //

Assisted Dip / Pull-Up

- 1. Dimensions: 1625 × 1440 × 2670 mm
- 2. Net weight: 350 kg
- 3. Gross weight: 410 kg
- 4. Package dimensions: 1890 × 1120 × 2410 mm
- 5. Weight stack: 115 kg



TS-AN24 //

Seated Leg Curl

- 1. Dimensions: 1180 × 1530 × 1500 mm
- 2. Net weight: 235.5 kg
- 3. Gross weight: 295 kg
- 4. Package dimensions: 1620 × 1020 × 880 mm
- 5. Weight stack: 100 kg



TS-AN17 //

Smith Machine

- 1. Dimensions: 2200 × 2070 × 2500 mm
- 2. Net weight: 233 kg
- 3. Gross weight: 304 kg
- 4. Package dimensions: 2620 × 1440 × 420 mm



TS-AN17C //

Custom Smith Machine

- 1. Dimensions: 2200 × 2450 × 2490 mm
- 2. Net weight: 400 kg
- 3. Gross weight: 470 kg
- 4. Package dimensions: 2795 × 1440 × 750 mm



TS-AN18 //

Leg Swing / Hip Compo

- 1. Dimensions: 1150 × 1215 × 1490 mm
- 2. Net weight: 290 kg
- 3. Gross weight: 360 kg
- 4. Package dimensions: 1650 × 1270 × 900 mm
- 5. Weight stack: 100 kg



TS-AN25 //

Bicep Curl

- 1. Dimensions: 1000 × 1455 × 1500 mm
- 2. Net weight: 179 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 1570 × 1240 × 680 mm
- 5. Weight stack: 70 kg



TS-AN26 //

Seated Shoulder Press

- 1. Dimensions: 1415 × 940 × 1500 mm
- 2. Net weight: 232 kg
- 3. Gross weight: 292 kg
- 4. Package dimensions: 1620 × 1070 × 1030 mm
- 5. Weight stack: 70 kg



TS-AN27 //

Seated Leg Extension

- 1. Dimensions: 1175 × 1100 × 1500 mm
- 2. Net weight: 232.5 kg
- 3. Gross weight: 290 kg
- 4. Package dimensions: 1050 × 1150 × 1600 mm
- 5. Weight stack: 100 kg



TS-AN19 //

Back Extension

- 1. Dimensions: 1095 × 1275 × 1495 mm
- 2. Net weight: 255 kg
- 3. Gross weight: 315 kg
- 4. Package dimensions: 1620 × 1270 × 1280 mm
- 5. Weight stack: 70 kg



TS-AN20 //

Seated Bi-Directional Chest Press

- 1. Dimensions: 1400 × 1345 × 1665 mm
- 2. Net weight: 252.5 kg
- 3. Gross weight: 312 kg
- 4. Package dimensions: 1670 × 1170 × 1130 mm
- 5. Weight stack: 100 kg



TS-AN21 //

Seated Pulldown

- 1. Dimensions: 1395 × 1395 × 1790 mm
- 2. Net weight: 262.5 kg
- 3. Gross weight: 322 kg
- 4. Package dimensions: 1600 × 1550 × 1650 mm
- 5. Weight stack: 100 kg



TS-AN28 //

Seated Press Rack

- 1. Dimensions: 124 × 1645 × 1870 mm
- 2. Net weight: 74 kg
- 3. Gross weight: 134 kg



TS-AN30 //

Ab Crunch

- 1. Dimensions: 1060 × 1355 × 1500 mm
- 2. Net weight: 255 kg
- 3. Gross weight: 315 kg
- 4. Package dimensions: 1550 × 970 × 630 mm
- 5. Weight stack: 100 kg



TS-AN31 //

Roman Chair

- 1. Dimensions: 1295 × 675 × 790 mm
- 2. Net weight: 34 kg
- 3. Gross weight: 74 kg
- 4. Package dimensions: 1370 × 815 × 740 mm



TS-AN32 //

Reverse Seated Pulldown

- 1. Dimensions: 860 × 1300 × 1915 mm
- 2. Net weight: 300 kg
- 3. Gross weight: 360 kg
- 4. Package dimensions: 1550 × 900 × 980 mm
- 5. Weight stack: 100 kg



TS-AN33 //

Seated Row

- 1. Dimensions: 1025 × 1195 × 1500 mm
- 2. Net weight: 255 kg
- 3. Gross weight: 315 kg
- 4. Package dimensions: 1550 × 970 × 710 mm
- 5. Weight stack: 100 kg



TS-AN34 //

Seated Shoulder Trainer

- 1. Dimensions: 1155 × 1285 × 1500 mm
- 2. Net weight: 280 kg
- 3. Gross weight: 340 kg
- 4. Package dimensions: 1560 × 1020 × 940 mm
- 5. Weight stack: 100 kg



TS-AN42 //

Custom 5-Station Multi-Purpose Trainer

- 1. Dimensions: 5545 × 2785 × 2705 mm
- 2. Net weight: 790 kg
- 3. Gross weight: 9100 kg
- 4. Package dimensions: 2530 × 1100 × 790 mm + 2450 × 1600 × 1040 mm
- 5. Weight stack: 70 kg*2 + 115 kg*1 + 100 kg*2



TS-AN43 //

4-Station Multi-Purpose Trainer

- 1. Dimensions: 1925 × 1915 × 2375 mm
- 2. Net weight: 510 kg
- 3. Gross weight: 620 kg
- 4. Package dimensions: 2480 × 1580 × 910 mm
- 5. Weight stack: 70 kg*3 + 100 kg*1



TS-AN35 //

Seated Torso Twist

- 1. Dimensions: 1085 × 1225 × 1500 mm
- 2. Net weight: 270 kg
- 3. Gross weight: 330 kg
- 4. Package dimensions: 1170 × 1170 × 1680 mm
- 5. Weight stack: 70 kg



TS-AN36 //

Glute Kickback

- 1. Dimensions: 1200 × 1335 × 1810 mm
- 2. Net weight: 290 kg
- 3. Gross weight: 350 kg
- 4. Package dimensions: 1920 × 1220 × 1010 mm
- 5. Weight stack: 70 kg



TS-AN37 //

Prone Leg Curl

- 1. Dimensions: 1718 × 1100 × 1500 mm
- 2. Net weight: 265 kg
- 3. Gross weight: 325 kg
- 4. Package dimensions: 1370 × 815 × 740 mm
- 5. Weight stack: 70 kg



TS-AN44 //

Deluxe Decline Bench Press Rack

- 1. Dimensions: 2225 × 1620 × 1360 mm
- 2. Net weight: 89.5 kg
- 3. Gross weight: 150 kg
- 4. Package dimensions: 1520 × 920 × 580 mm



TS-AN46 //

Bicep Curl

- 1. Dimensions: 1295 × 1020 × 1490 mm
- 2. Net weight: 164.5 kg
- 3. Gross weight: 220 kg
- 4. Package dimensions: 1420 × 1120 × 1680 mm
- 5. Weight stack: 70 kg



TS-AN47 //

Seated Incline Chest Press

- 1. Dimensions: 1500 × 1130 × 1505 mm
- 2. Net weight: 300 kg
- 3. Gross weight: 360 kg
- 4. Package dimensions: 1570 × 1120 × 980 mm
- 5. Weight stack: 100 kg



TS-AN38 //

Straight Arm Chest Fly

- 1. Dimensions: 855 × 1165 × 2100 mm
- 2. Net weight: 220.5 kg
- 3. Gross weight: 280 kg
- 4. Package dimensions: 2280 × 920 × 840 mm
- 5. Weight stack: 100 kg



TS-AN40 //

Shoulder Press Chair

- 1. Dimensions: 1070 × 630 × 910 mm
- 2. Net weight: 23.5 kg
- 3. Gross weight: 63 kg
- 4. Package dimensions: 1130 × 670 × 1020 mm



TS-AN41 //

5-Station Multi-Purpose Trainer

- 1. Dimensions: 4615 × 1920 × 2395 mm
- 2. Net weight: 680 kg
- 3. Gross weight: 800 kg
- 4. Package dimensions: 2470 × 970 × 930 mm
- 5. Weight stack: 70 kg*4 + 100 kg*1



TS-AN48 //

Standing Calf Raise

- 1. Dimensions: 1145 × 1030 × 1660 mm
- 2. Net weight: 220 kg
- 3. Gross weight: 280 kg
- 4. Package dimensions: 1620 × 1120 × 730 mm
- 5. Weight stack: 100 kg



TS-AN49 //

Triceps Pushdown

- 1. Dimensions: 1245 × 1160 × 1480 mm
- 2. Net weight: 199 kg
- 3. Gross weight: 259 kg
- 4. Package dimensions: 1550 × 1150 × 830 mm
- 5. Weight stack: 70 kg



TS-AN50 //

Squat Rack

- 1. Dimensions: 1675 × 1520 × 1810 mm
- 2. Net weight: 98.5 kg
- 3. Gross weight: 158 kg



TS-AN52 //

Deluxe Flat Press Rack

- 1. Dimensions: 1625 × 1855 × 1290 mm
- 2. Net weight: 82.5 kg
- 3. Gross weight: 142 kg
- 4. Package dimensions: 1480 × 800 × 430 mm



TS-AN54 //

Functional Trainer

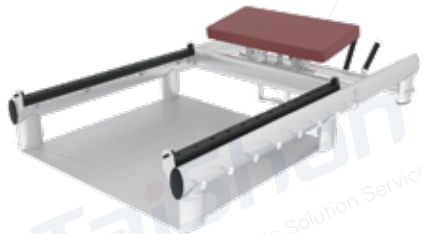
- 1. Dimensions: 2055 × 1265 × 2420 mm
- 2. Net weight: 344 kg
- 3. Gross weight: 450 kg
- 4. Package dimensions: 2490 × 1290 × 530 mm
- 5. Weight stack: 70 kg*2



TS-AN55 //

Standard Leg Press

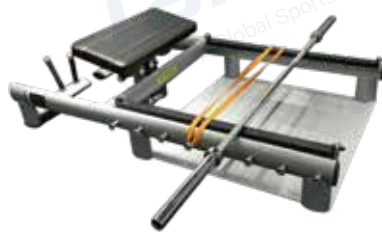
- 1. Dimensions: 2090 × 1650 × 1290 mm
- 2. Net weight: 170 kg
- 3. Gross weight: 230 kg
- 4. Package dimensions: 2270 × 1420 × 680 mm



TS-AN65 //

Hip Trainer

- 1. Dimensions: 1960 × 1190 × 460 mm
 - 2. Net weight: 110 kg
 - 3. Gross weight: 150 kg
 - 4. Package dimensions: 1930 × 1060 × 410 mm
- Without accessories



TS-AN65-(2) //

Hip Trainer

- 1. Dimensions: 1960 × 1190 × 460 mm
 - 2. Net weight: 130 kg
 - 3. Gross weight: 170 kg
 - 4. Package dimensions: 1930 × 1060 × 410 mm
- With 2 belts and 1*1.8m bar



TS-AN70 //

T-Bar Row

- 1. Dimensions: 2305 × 830 × 835 mm
- 2. Net weight: 58 kg
- 3. Gross weight: 118 kg
- 4. Package dimensions: 2450 × 940 × 680 mm



TS-AN56 //

Incline Leg Press

- 1. Dimensions: 2340 × 1460 × 1670 mm
- 2. Net weight: 230 kg
- 3. Gross weight: 300 kg
- 4. Package dimensions: 2020 × 1520 × 880 mm



TS-AN57 //

Decline Ab Bench

- 1. Dimensions: 1795 × 615 × 950 mm
- 2. Net weight: 36 kg
- 3. Gross weight: 76 kg



TS-AN58 //

Vertical Knee Up

- 1. Dimensions: 1500 × 1305 × 2310 mm
- 2. Net weight: 66.5 kg
- 3. Gross weight: 116 kg

TS-AN72 //

3-tier Dumbbell Rack

- 1. Dimensions: 2450 × 950 × 970 mm
- 2. Net weight: 85 kg
- 3. Gross weight: 115 kg
- 4. Package dimensions: 2170 × 1020 × 530 mm



TS-AN73 //

Adjustable Roman Chair

- 1. Dimensions: 1400 × 675 × 950 mm
- 2. Net weight: 42 kg
- 3. Gross weight: 82 kg



TS-AN59 //

Deluxe Incline Bench Press Rack

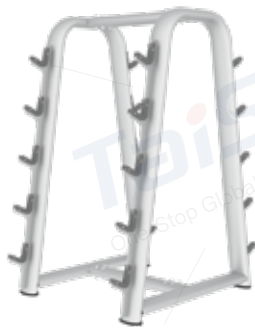
- 1. Dimensions: 2100 × 1640 × 1540 mm
- 2. Net weight: 106.5 kg
- 3. Gross weight: 176 kg



TS-AN60 //

8-Station Multi-Purpose Trainer

- 1. Dimensions: 6620 × 3070 × 2400 mm
- 2. Net weight: 1100 kg
- 3. Gross weight: 1240 kg
- 4. Package dimensions: 2450 × 1320 × 1220 × 2 mm
- 5. Weight stack: 70 kg*4 + 100 kg*4



TS-AN61 //

Bar Rack for 10 Bars

- 1. Dimensions: 1065 × 870 × 1480 mm
- 2. Net weight: 71.5 kg
- 3. Gross weight: 141 kg

TS-AN74 //

Standing Rear Delt Fly

- 1. Dimensions: 1200 × 900 × 1855 mm
- 2. Net weight: 243 kg
- 3. Gross weight: 313 kg
- 4. Package dimensions: 1980 × 1000 × 680 mm
- 5. Weight stack: 70 kg



TS-AN75 //

Vertical Knee Up / Pull-Up Combo

- 1. Dimensions: 1455 × 1360 × 2235 mm
- 2. Net weight: 208 kg
- 3. Gross weight: 268 kg
- 4. Package dimensions: 2220 × 1200 × 725 mm



F STRENGTH SERIES



TS-F01

Prone Leg Curl

- 1. Dimensions: 1645 × 940 × 1630 mm
- 2. Net weight: 179.5 kg
- 3. Gross weight: 229 kg
- 4. Package dimensions: 1720 × 1120 × 480 mm
- 5. Weight stack: 70 kg



TS-F02

Seated Leg Extension

- 1. Dimensions: 1395 × 990 × 1630 mm
- 2. Net weight: 186.5 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 1720 × 1120 × 550 mm
- 5. Weight stack: 70 kg



TS-F03

Seated Leg Press

- 1. Dimensions: 1960 × 1040 × 1630 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 293 kg
- 4. Package dimensions: 2020 × 1120 × 600 mm
- 5. Weight stack: 100 kg



TS-F04

Pec Deck

- 1. Dimensions: 1485 × 855 × 1630 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 273 kg
- 4. Package dimensions: 1720 × 1120 × 700 mm
- 5. Weight stack: 70 kg



TS-F05

Shoulder Trainer

- 1. Dimensions: 1255 × 825 × 1630 mm
- 2. Net weight: 169.5 kg
- 3. Gross weight: 220 kg
- 4. Package dimensions: 1720 × 1120 × 430 mm
- 5. Weight stack: 70 kg



TS-F06

Lying Shoulder Press

- 1. Dimensions: 1885 × 1320 × 1630 mm
- 2. Net weight: 239 kg
- 3. Gross weight: 289 kg
- 4. Package dimensions: 1820 × 1120 × 580 mm
- 5. Weight stack: 70 kg



TS-F07

Straight Arm Chest Fly

- 1. Dimensions: 1170 × 850 × 2030 mm
- 2. Net weight: 140 kg
- 3. Gross weight: 210 kg
- 4. Package dimensions: 2460 × 1120 × 660 mm
- 5. Weight stack: 100 kg



TS-F08

Seated Chest Press

- 1. Dimensions: 1380 × 1315 × 1630 mm
- 2. Net weight: 193 kg
- 3. Gross weight: 242 kg
- 4. Package dimensions: 2020 × 1120 × 580 mm
- 5. Weight stack: 70 kg



TS-F09

Dip / Pull-Up Station

- 1. Dimensions: 1400 × 1135 × 2345 mm
- 2. Net weight: 290.5 kg
- 3. Gross weight: 330 kg
- 4. Package dimensions: 2460 × 1120 × 480 mm
- 5. Weight stack: 100 kg



TS-F11

Leg Swing

- 1. Dimensions: 1295 × 1055 × 1630 mm
- 2. Net weight: 239 kg
- 3. Gross weight: 289 kg
- 4. Package dimensions: 1720 × 1120 × 700 mm
- 5. Weight stack: 70 kg



TS-F13

Incline Chest Press

- 1. Dimensions: 2160 × 1430 × 1630 mm
- 2. Net weight: 239 kg
- 3. Gross weight: 289 kg
- 4. Package dimensions: 2020 × 1120 × 550 mm
- 5. Weight stack: 70 kg



TS-F14

Rotary Torso

- 1. Dimensions: 1270 × 695 × 1290 mm
- 2. Net weight: 65 kg
- 3. Gross weight: 115 kg
- 4. Package dimensions: 1320 × 1020 × 550 mm



TS-F16

Full Cable Crossover

- 1. Dimensions: 3815 × 685 × 2280 mm
- 2. Net weight: 299 kg
- 3. Gross weight: 389 kg
- 4. Package dimensions: 2380 × 1160 × 790 mm
- 5. Weight stack: 70 kg*2



TS-F17

Dual-Arm Machine

- 1. Dimensions: 1885 × 1000 × 2295 mm
- 2. Net weight: 320.5 kg
- 3. Gross weight: 380 kg
- 4. Package dimensions: 2370 × 1120 × 530 mm
- 5. Weight stack: 70 kg*2



TS-F18

Rotary Torso

- 1. Dimensions: 1115 × 1055 × 1630 mm
- 2. Net weight: 175 kg
- 3. Gross weight: 225 kg
- 4. Package dimensions: 1720 × 1120 × 500 mm
- 5. Weight stack: 70 kg



TS-F19 //

Ab Crunch

- 1. Dimensions: 1255 × 940 × 1630 mm
- 2. Net weight: 209 kg
- 3. Gross weight: 259 kg
- 4. Package dimensions: 1720 × 1120 × 430 mm
- 5. Weight stack: 70 kg



TS-F20 //

Seated Shoulder Press

- 1. Dimensions: 1895 × 1435 × 1630 mm
- 2. Net weight: 232.5 kg
- 3. Gross weight: 282 kg
- 4. Package dimensions: 202 × 1270 × 630 mm
- 5. Weight stack: 70 kg



TS-F21 //

Hip Abductor

- 1. Dimensions: 1550 × 890 × 1630 mm
- 2. Net weight: 215 kg
- 3. Gross weight: 264 kg
- 4. Package dimensions: 1720 × 1120 × 870 mm
- 5. Weight stack: 70 kg



TS-F30 //

45° Bicep Curl

- 1. Dimensions: 1225 × 920 × 1630 mm
- 2. Net weight: 167 kg
- 3. Gross weight: 217 kg
- 4. Package dimensions: 1720 × 1120 × 500 mm
- 5. Weight stack: 70 kg



TS-F31 //

Back Extension

- 1. Dimensions: 1225 × 970 × 1630 mm
- 2. Net weight: 194.5 kg
- 3. Gross weight: 245 kg
- 4. Package dimensions: 1720 × 1120 × 760 mm
- 5. Weight stack: 70 kg



TS-F33 //

Seated Low Row (Back)

- 1. Dimensions: 1655 × 1300 × 2040 mm
- 2. Net weight: 268 kg
- 3. Gross weight: 338 kg
- 4. Package dimensions: 2460 × 1120 × 480 mm
- 5. Weight stack: 100 kg



TS-F22 //

Hip Adductor

- 1. Dimensions: 1295 × 1055 × 1630 mm
- 2. Net weight: 214 kg
- 3. Gross weight: 264 kg
- 4. Package dimensions: 1720 × 1120 × 870 mm
- 5. Weight stack: 70 kg



TS-F23 //

Seated Leg Curl

- 1. Dimensions: 1610 × 990 × 1630 mm
- 2. Net weight: 223 kg
- 3. Gross weight: 273 kg
- 4. Package dimensions: 1720 × 1120 × 550 mm
- 5. Weight stack: 70 kg



TS-F24 //

Glute Kickback

- 1. Dimensions: 1185 × 1070 × 1630 mm
- 2. Net weight: 141 kg
- 3. Gross weight: 218 kg
- 4. Package dimensions: 1720 × 1110 × 480 mm
- 5. Weight stack: 70 kg



TS-F34 //

Seated Parallel Lat Pulldown

- 1. Dimensions: 1570 × 1205 × 1630 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 251 kg
- 4. Package dimensions: 1670 × 1110 × 610 mm
- 5. Weight stack: 70 kg



TS-F35 //

Lat Pulldown (Back)

- 1. Dimensions: 1235 × 1175 × 2230 mm
- 2. Net weight: 213 kg
- 3. Gross weight: 263 kg
- 4. Package dimensions: 2430 × 1080 × 480 mm
- 5. Weight stack: 100 kg



TS-F36 //

Flat Bench

- 1. Dimensions: 1410 × 560 × 430 mm
- 2. Net weight: 23 kg
- 3. Gross weight: 53 kg
- 4. Package dimensions: 1410 × 450 × 320 mm



TS-F25 //

Hip Adductor/Abductor Combo

- 1. Dimensions: 1545 × 900 × 1630 mm
- 2. Net weight: 221.5 kg
- 3. Gross weight: 270 kg
- 4. Package dimensions: 1720 × 1120 × 870 mm
- 5. Weight stack: 70 kg



TS-F26 //

Triceps Pushdown

- 1. Dimensions: 1600 × 1190 × 1630 mm
- 2. Net weight: 230 kg
- 3. Gross weight: 280 kg
- 4. Package dimensions: 1670 × 1120 × 610 mm
- 5. Weight stack: 70 kg



TS-F28 //

45° Triceps Extension

- 1. Dimensions: 1115 × 930 × 1630 mm
- 2. Net weight: 190 kg
- 3. Gross weight: 240 kg
- 4. Package dimensions: 1720 × 1120 × 530mm
- 5. Weight stack: 70 kg



TS-F37 //

Adjustable Ab Bench

- 1. Dimensions: 1710 × 680 × 850 mm
- 2. Net weight: 46 kg
- 3. Gross weight: 76 kg
- 4. Package dimensions: 1420 × 680 × 380 mm



TS-F38 //

Shoulder Press Bench

- 1. Dimensions: 1180 × 675 × 785 mm
- 2. Net weight: 21.5 kg
- 3. Gross weight: 51 kg
- 4. Package dimensions: 1090 × 420 × 300 mm



TS-F39 //

Adjustable Dumbbell Bench

- 1. Dimensions: 1400 × 665 × 520 mm
- 2. Net weight: 37 kg
- 3. Gross weight: 67 kg
- 4. Package dimensions: 1210 × 590 × 360 mm



TS-F41

Decline Chest Press

- 1. Dimensions: 2055 × 1655 × 1235 mm
- 2. Net weight: 72 kg
- 3. Gross weight: 122 kg
- 4. Package dimensions: 1330 × 930 × 440 mm



TS-F42

Incline Chest Press

- 1. Dimensions: 2030 × 1780 × 1500 mm
- 2. Net weight: 92 kg
- 3. Gross weight: 142 kg
- 4. Package dimensions: 1540 × 1120 × 430 mm



TS-F43

Flat Chest Press

- 1. Dimensions: 1785 × 1775 × 1225 mm
- 2. Net weight: 58 kg
- 3. Gross weight: 108 kg
- 4. Package dimensions: 1350 × 720 × 430 mm



TS-F50

Squat Rack

- 1. Dimensions: 1710 × 1690 × 1800 mm
- 2. Net weight: 108.5 kg
- 3. Gross weight: 148 kg
- 4. Package dimensions: 2070 × 1280 × 320 mm



TS-F51

Seated Shoulder Press Rack

- 1. Dimensions: 1775 × 1530 × 1770 mm
- 2. Net weight: 135 kg
- 3. Gross weight: 175 kg
- 4. Package dimensions: 2020 × 1120 × 480 mm



TS-F53

Handle Rack

- 1. Dimensions: 1090 × 740 × 1070 mm
- 2. Net weight: 68 kg
- 3. Gross weight: 98 kg
- 4. Package dimensions: 1140 × 1040 × 450 mm



TS-F44

Seated Preacher Curl Bench

- 1. Dimensions: 1120 × 775 × 905 mm
- 2. Net weight: 43.5 kg
- 3. Gross weight: 73 kg
- 4. Package dimensions: 1120 × 940 × 360 mm



TS-F45

Roman Chair

- 1. Dimensions: 1085 × 790 × 765 mm
- 2. Net weight: 43.5 kg
- 3. Gross weight: 83 kg
- 4. Package dimensions: 1240 × 970 × 460 mm



TS-F46

Hip Raise

- 1. Dimensions: 1640 × 1260 × 780 mm
- 2. Net weight: 83.5 kg
- 3. Gross weight: 138 kg
- 4. Package dimensions: 1540 × 790 × 580 mm



TS-F54

Weight Plate Tree

- 1. Dimensions: 630 × 540 × 1270 mm
- 2. Net weight: 25 kg
- 3. Gross weight: 55 kg
- 4. Package dimensions: 1140 × 440 × 280 mm



TS-F55

Small Bar Rack

- 1. Dimensions: 1050 × 790 × 1460 mm
- 2. Net weight: 71 kg
- 3. Gross weight: 121 kg
- 4. Package dimensions: 1520 × 1110 × 340 mm



TS-F56

45° Incline Leg Press

- 1. Dimensions: 2180 × 4350 × 1350 mm
- 2. Net weight: 220 kg
- 3. Gross weight: 284 kg
- 4. Package dimensions: 202 × 1120 × 680 mm



TS-F47

Vertical Knee Up

- 1. Dimensions: 1175 × 815 × 1615 mm
- 2. Net weight: 96 kg
- 3. Gross weight: 146 kg
- 4. Package dimensions: 1670 × 1230 × 360 mm



TS-F48

Power Rack

- 1. Dimensions: 1320 × 1485 × 2295 mm
- 2. Net weight: 125.5 kg
- 3. Gross weight: 175 kg
- 4. Package dimensions: 2370 × 1670 × 380 mm



TS-F49

Dumbbell Rack

- 1. Dimensions: 2480 × 750 × 720 mm
- 2. Net weight: 64 kg
- 3. Gross weight: 82 kg
- 4. Package dimensions: 2340 × 310 × 250 mm + 850 × 750 × 350 mm



TS-F57

Plate-Loaded Incline Squat

- 1. Dimensions: 2250 × 1650 × 1275 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 258 kg
- 4. Package dimensions: 2170 × 1410 × 530 mm



TS-F58

Reversible Leg Press

- 1. Dimensions: 2260 × 1690 × 1430 mm
- 2. Net weight: 325 kg
- 3. Gross weight: 389 kg
- 4. Package dimensions: 2050 × 1200 × 770 mm



TS-F61

Rowing Machine

- 1. Dimensions: 1735 × 1110 × 1175 mm
- 2. Net weight: 66 kg
- 3. Gross weight: 106 kg
- 4. Package dimensions: 1620 × 970 × 500 mm



TS-F62

Seated Calf Raise

- 1. Dimensions: 1465 × 640 × 1015 mm
- 2. Net weight: 54 kg
- 3. Gross weight: 104 kg
- 4. Package dimensions: 1120 × 880 × 530 mm



TS-F63

Smith Machine

- 1. Dimensions: 2210 × 1400 × 2435 mm
- 2. Net weight: 290 kg
- 3. Gross weight: 337 kg
- 4. Package dimensions: 2270 × 1670 × 430 mm



TS-F64

8-Station Asymmetric Multi-Purpose Trainer

- 1. Dimensions: 5130 × 4740 × 2350 mm
- 2. Net weight: 1100 kg
- 3. Gross weight: 1220 kg
- 4. Package dimensions: 2670 × 1170 × 810 mm
- 5. Weight stack: 56 kg*2 + 68 kg*3 + 100 kg*3



TS-F81

5-Station Multi-Purpose Trainer

- 1. Dimensions: 4895 × 4605 × 2345 mm
- 2. Net weight: 860 kg
- 3. Gross weight: 980 kg
- 4. Package dimensions: 2420 × 1300 × 1060 mm
- 5. Weight stack: 56 kg*2 + 68 kg*1 + 100 kg*2



TS-F82

4-Station Multi-Purpose Trainer

- 1. Dimensions: 4605 × 1415 × 2345 mm
- 2. Net weight: 600 kg
- 3. Gross weight: 700 kg
- 4. Package dimensions: 2490 × 1170 × 800 mm
- 5. Weight stack: 56 kg*1 + 68 kg*1 + 100 kg*2



TS-F65

Squat Machine

- 1. Dimensions: 1985 × 1650 × 1415 mm
- 2. Net weight: 150 kg
- 3. Gross weight: 210 kg
- 4. Package dimensions: 2090 × 1050 × 680 mm



TS-F70

Ab Machine

- 1. Dimensions: 1530 × 930 × 1040 mm
- 2. Net weight: 60.5 kg
- 3. Gross weight: 650 kg
- 4. Package dimensions: 1120 × 1120 × 380 mm



TS-F71

Stretcher

- 1. Dimensions: 1290 × 530 × 1090 mm
- 2. Net weight: 80 kg
- 3. Gross weight: 130 kg
- 4. Package dimensions: 1120 × 720 × 570 mm



TS-F83

8-Station Symmetric Multi-Purpose Trainer

- 1. Dimensions: 5170 × 4605 × 2345 mm
- 2. Net weight: 1300 kg
- 3. Gross weight: 1420 kg
- 4. Package dimensions: 2670 × 1170 × 810 mm
- 5. Weight stack: 56 kg*2 + 68 kg*2 + 100 kg*4



TS-F84

Deadlift Rack

- 1. Dimensions: 1720 × 1500 × 845 mm
- 2. Net weight: 200 kg
- 3. Gross weight: 260 kg
- 4. Package dimensions: 1510 × 1090 × 760 mm



TS-F72

3-tier Dumbbell Rack for Women

- 1. Dimensions: 1440 × 705 × 1005 mm
- 2. Net weight: 70.5 kg
- 3. Gross weight: 170 kg
- 4. Package dimensions: 1090 × 740 × 350 mm + 1320 × 290 × 320 mm



TS-F73

3-tier Dumbbell Rack

- 1. Dimensions: 1320 × 575 × 870 mm
- 2. Net weight: 65 kg
- 3. Gross weight: 135 kg
- 4. Package dimensions: 1000 × 545 × 125 mm + 1220 × 85 × 85 mm



TS-F80

Custom Vertical Knee Up

- 1. Dimensions: 1360 × 1465 × 2230 mm
- 2. Net weight: 115 kg
- 3. Gross weight: 165 kg
- 4. Package dimensions: 2670 × 1170 × 810 mm



TS-F85B

Waist / Ab Trainer

- 1. Dimensions: 995 × 1195 × 1630 mm
- 2. Net weight: 198 kg
- 3. Gross weight: 248 kg
- 4. Package dimensions: 1680 × 1020 × 660 mm
- 5. Weight stack: 70 kg



TS-F86B

Biceps / Triceps

- 1. Dimensions: 980 × 1220 × 1630 mm
- 2. Net weight: 182 kg
- 3. Gross weight: 225 kg
- 4. Package dimensions: 1700 × 990 × 490 mm
- 5. Weight stack: 70 kg



TS-F87B

Leg Extension / Curl

- 1. Dimensions: 975 × 1420 × 1630 mm
- 2. Net weight: 193.5 kg
- 3. Gross weight: 243 kg
- 4. Package dimensions: 1690 × 1120 × 680 mm
- 5. Weight stack: 70 kg



TS-F88

Chest / Shoulder Press

- 1. Dimensions: 2000 × 1325 × 1630 mm
- 2. Net weight: 245.5 kg
- 3. Gross weight: 295 kg
- 4. Package dimensions: 1120 × 1720 × 670 mm
- 5. Weight stack: 70 kg



TS-F89

High/Low Pulley All-in-One Machine

- 1. Dimensions: 2040 × 1210 × 2330 mm
- 2. Net weight: 214 kg
- 3. Gross weight: 267 kg
- 4. Package dimensions: 2060 × 1060 × 520 mm
- 5. Weight stack: 70 kg



TS-F90

Prone Leg Extension / Curl Combo

- 1. Dimensions: 1860 × 965 × 1630 mm
- 2. Net weight: 187.5 kg
- 3. Gross weight: 254 kg
- 4. Package dimensions: 1690 × 1020 × 650 mm
- 5. Weight stack: 70 kg



TS-F99

Multi-Functional Dumbbell Bench

- 1. Dimensions: 1290 × 570 × 475 mm
- 2. Net weight: 24 kg
- 3. Gross weight: 57 kg
- 4. Package dimensions: 1135 × 455 × 215 mm



TS-F101

Prone Leg Lift

- 1. Dimensions: 2300 × 1100 × 780 mm
- 2. Net weight: 60 kg
- 3. Gross weight: 110 kg
- 4. Package dimensions: 1320 × 1420 × 630 mm



TS-F40

Adjustable Dumbbell Bench

- 1. Dimensions: 1320 × 565 × 470 mm
- 2. Weight: 38 kg



TS-F92

Sled

- 1. Dimensions: 870 × 650 × 1115 mm
- 2. Net weight: 54 kg
- 3. Gross weight: 104 kg
- 4. Package dimensions: 1170 × 670 × 410 mm



TS-F94

Horizontal Roman Chair

- 1. Dimensions: 1640 × 810 × 1035 mm
- 2. Net weight: 84 kg
- 3. Gross weight: 135 kg
- 4. Package dimensions: 1470 × 870 × 590 mm



TS-F95

Standing Rear Delt Fly

- 1. Dimensions: 765 × 1525 × 1650 mm
- 2. Net weight: 174.5 kg
- 3. Gross weight: 224 kg
- 4. Package dimensions: 1770 × 1020 × 780 mm
- 5. Weight stack: 70 kg



TS-F96

Dual Seated Preacher Curl Bench

- 1. Dimensions: 1245 × 725 × 1070 mm
- 2. Net weight: 83 kg
- 3. Gross weight: 133 kg
- 4. Package dimensions: 1320 × 700 × 460 mm



TS-F97

Grip Trainer

- 1. Dimensions: 750 × 265 × 860 mm
- 2. Net weight: 125 kg
- 3. Gross weight: 175 kg
- 4. Package dimensions: 970 × 820 × 380 mm
- 5. Weight stack: 100 kg



TS-F98

Multi-Functional Bench

- 1. Dimensions: 1495 × 710 × 1120 mm
- 2. Net weight: 63.5 kg
- 3. Gross weight: 86 kg
- 4. Package dimensions: 970 × 670 × 550 mm



TS-PL01

Chest Press

- 1. Dimensions: 1925 × 1040 × 1745 mm
- 2. Net weight: 145.5 kg
- 3. Gross weight: 190 kg
- 4. Package dimensions: 1820 × 1120 × 410 mm



TS-PL02

Incline Chest Press

- 1. Dimensions: 1940 × 1400 × 1800 mm
- 2. Net weight: 120.5 kg
- 3. Gross weight: 165 kg
- 4. Package dimensions: 1870 × 1120 × 400 mm



TS-PL03

Shoulder Press

- 1. Dimensions: 1530 × 1475 × 1500 mm
- 2. Net weight: 112 kg
- 3. Gross weight: 157 kg
- 4. Package dimensions: 1550 × 1290 × 380 mm

PL PLATE LOADED SERIES



TS-PL04 //

Triceps Pushdown

- 1. Dimensions: 1975 × 1015 × 1005 mm
- 2. Net weight: 116 kg
- 3. Gross weight: 161 kg
- 4. Package dimensions: 1980 × 970 × 600 mm



TS-PL05 //

Bicep Curl

- 1. Dimensions: 1475 × 925 × 1265 mm
- 2. Net weight: 97 kg
- 3. Gross weight: 142 kg
- 4. Package dimensions: 1420 × 820 × 480 mm



TS-PL06 //

Lat Pulldown (Back)

- 1. Dimensions: 1825 × 1455 × 2040 mm
- 2. Net weight: 126.5 kg
- 3. Gross weight: 066 kg
- 4. Package dimensions: 1820 × 1070 × 540 mm



TS-PL13 //

Super Incline Chest Press

- 1. Dimensions: 1700 × 1315 × 1545 mm
- 2. Net weight: 130 kg
- 3. Gross weight: 171 kg
- 4. Package dimensions: 1560 × 1460 × 390 mm



TS-PL14 //

Decline Chest Press

- 1. Dimensions: 1755 × 1130 × 1805 mm
- 2. Net weight: 129 kg
- 3. Gross weight: 175 kg
- 4. Package dimensions: 1820 × 1120 × 430 mm



TS-PL15 //

Narrow Chest Press

- 1. Dimensions: 1920 × 1270 × 1845 mm
- 2. Net weight: 145.5 kg
- 3. Gross weight: 190 kg
- 4. Package dimensions: 1920 × 1020 × 430 mm



TS-PL07 //

Low Row (Back)

- 1. Dimensions: 1680 × 1310 × 1700 mm
- 2. Net weight: 117 kg
- 3. Gross weight: 162 kg
- 4. Package dimensions: 1730 × 1170 × 500 mm



TS-PL08 //

Rowing Back Machine

- 1. Dimensions: 1455 × 1385 × 1270 mm
- 2. Net weight: 114 kg
- 3. Gross weight: 159 kg
- 4. Package dimensions: 1420 × 1170 × 440 mm



TS-PL09 //

Kneeling Leg Curl

- 1. Dimensions: 1540 × 1275 × 1370 mm
- 2. Net weight: 115 kg
- 3. Gross weight: 160 kg
- 4. Package dimensions: 1250 × 1250 × 520 mm



TS-PL16 //

Chest Press / Lat Pulldown (Back)

- 1. Dimensions: 1915 × 1675 × 2120 mm
- 2. Net weight: 172 kg
- 3. Gross weight: 237 kg
- 4. Package dimensions: 1920 × 1300 × 570 mm



TS-PL17 //

Front Lat Pulldown

- 1. Dimensions: 1670 × 1615 × 2080 mm
- 2. Net weight: 141 kg
- 3. Gross weight: 196 kg
- 4. Package dimensions: 1720 × 1070 × 480 mm



TS-PL18 //

D.Y. Row

- 1. Dimensions: 1630 × 1390 × 2050 mm
- 2. Net weight: 147 kg
- 3. Gross weight: 192 kg
- 4. Package dimensions: 1920 × 1400 × 430 mm



TS-PL10 //

Seated Leg Extension

- 1. Dimensions: 1850 × 1530 × 1210 mm
- 2. Net weight: 112.5 kg
- 3. Gross weight: 157 kg
- 4. Package dimensions: 1220 × 870 × 550 mm



TS-PL11 //

Seated / Standing Shoulder Shrug

- 1. Dimensions: 1630 × 1155 × 1160 mm
- 2. Net weight: 106 kg
- 3. Gross weight: 151 kg
- 4. Package dimensions: 1370 × 1260 × 380 mm



TS-PL12 //

Flat Chest Press

- 1. Dimensions: 1915 × 1750 × 1010 mm
- 2. Net weight: 109.5 kg
- 3. Gross weight: 155 kg
- 4. Package dimensions: 1670 × 970 × 460 mm



TS-PL19 //

Grip Trainer

- 1. Dimensions: 1230 × 660 × 940 mm
- 2. Net weight: 47 kg
- 3. Gross weight: 92 kg
- 4. Package dimensions: 970 × 820 × 460 mm



TS-PL20 //

Full Ab Contraction

- 1. Dimensions: 1485 × 1200 × 1700 mm
- 2. Net weight: 126 kg
- 3. Gross weight: 176 kg
- 4. Package dimensions: 1470 × 1240 × 680 mm



TS-PL21 //

Prone Leg Curl

- 1. Dimensions: 1755 × 1320 × 940 mm
- 2. Net weight: 92.5 kg
- 3. Gross weight: 137 kg
- 4. Package dimensions: 1320 × 820 × 600 mm



TS-PL22 //

Split Leg Curl

- 1. Dimensions: 1890 × 1198 × 1430 mm
- 2. Net weight: 190.5 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 1490 × 1290 × 670 mm



TS-PL23 //

Tibialis Trainer

- 1. Dimensions: 1100 × 345 × 345 mm
- 2. Net weight: 25 kg
- 3. Gross weight: 45 kg
- 4. Package dimensions: 740 × 420 × 460 mm



TS-PL24 //

Glute Trainer

- 1. Dimensions: 1575 × 1625 × 1420 mm
- 2. Net weight: 168 kg
- 3. Gross weight: 210 kg
- 4. Package dimensions: 1570 × 1120 × 730 mm



TS-PL31 //

V-Squat Machine

- 1. Dimensions: 2015 × 1610 × 1650 mm
- 2. Net weight: 152 kg
- 3. Gross weight: 215 kg
- 4. Package dimensions: 2070 × 950 × 800 mm



TS-PL32 //

Ab Machine

- 1. Dimensions: 1100 × 520 × 485 mm
- 2. Net weight: 30 kg
- 3. Gross weight: 70 kg
- 4. Package dimensions: 1080 × 580 × 390 mm



TS-PL33 //

Decline Chest Press Rack

- 1. Dimensions: 2155 × 1785 × 1025 mm
- 2. Net weight: 119 kg
- 3. Gross weight: 165 kg
- 4. Package dimensions: 1720 × 960 × 480 mm



TS-PL25 //

Lateral Arm Raise

- 1. Dimensions: 1235 × 1375 × 1265 mm
- 2. Net weight: 89.5 kg
- 3. Gross weight: 134 kg
- 4. Package dimensions: 1430 × 1060 × 480 mm



TS-PL26 //

Arm Pushdown / Back

- 1. Dimensions: 1725 × 1865 × 1475 mm
- 2. Net weight: 134 kg
- 3. Gross weight: 179 kg
- 4. Package dimensions: 1490 × 1260 × 430 mm



TS-PL27 //

Standing Calf Raise

- 1. Dimensions: 1270 × 1455 × 1565 mm
- 2. Net weight: 89 kg
- 3. Gross weight: 134 kg
- 4. Package dimensions: 1570 × 810 × 430 mm



TS-PL34 //

Seated Leg Curl

- 1. Dimensions: 1600 × 1455 × 1255 mm
- 2. Net weight: 112 kg
- 3. Gross weight: 157 kg
- 4. Package dimensions: 1280 × 970 × 460 mm



TS-PL35 //

Knee Raise & Ab Combo

- 1. Dimensions: 2545 × 770 × 1720 mm
- 2. Net weight: 102.5 kg
- 3. Gross weight: 155 kg
- 4. Package dimensions: 1775 × 1370 × 520 mm



TS-PL36 //

Lat Pulldown

- 1. Dimensions: 1655 × 1415 × 2085 mm
- 2. Net weight: 135 kg
- 3. Gross weight: 195 kg
- 4. Package dimensions: 2140 × 1140 × 620 mm



TS-PL28 //

Shoulder Press

- 1. Dimensions: 1120 × 1856 × 1745 mm
- 2. Net weight: 99.5 kg
- 3. Gross weight: 144 kg
- 4. Package dimensions: 1780 × 1080 × 610 mm



TS-PL29 //

Hip Abductor

- 1. Dimensions: 1750 × 1185 × 1185 mm
- 2. Net weight: 108.5 kg
- 3. Gross weight: 153 kg
- 4. Package dimensions: 1230 × 770 × 700 mm



TS-PL30 //

Hip Adductor

- 1. Dimensions: 1680 × 1180 × 1170 mm
- 2. Net weight: 109 kg
- 3. Gross weight: 150 kg
- 4. Package dimensions: 1220 × 800 × 660 mm



TS-PL36B //

Lat Pulldown

- 1. Dimensions: 1655 × 1415 × 2085 mm
- 2. Net weight: 135 kg
- 3. Gross weight: 195 kg
- 4. Package dimensions: 2140 × 1140 × 620 mm



TS-PL37 //

Narrow Chest Press

- 1. Dimensions: 2080 × 2100 × 2075 mm
- 2. Net weight: 251 kg
- 3. Gross weight: 311 kg
- 4. Package dimensions: 2020 × 1370 × 530 mm



TS-PL38 //

Squat Machine

- 1. Dimensions: 1915 × 990 × 1935 mm
- 2. Gross weight: 175 kg
- 3. Package dimensions: 1870 × 1070 × 730 mm



TS-PL56 //

Incline Leg Press

- 1. Dimensions: 2425 × 1415 × 1505 mm
- 2. Net weight: 244 kg
- 3. Gross weight: 312 kg
- 4. Package dimensions: 1720 × 1510 × 830 mm



TS-PL57 //

Incline Chest Fly

- 1. Dimensions: 2180 × 1610 × 1500 mm
- 2. Net weight: 184.5 kg
- 3. Gross weight: 254 kg
- 4. Package dimensions: 2190 × 1520 × 480 mm



TS-PL61 //

Rower

- 1. Dimensions: 1575 × 1625 × 1420 mm
- 2. Net weight: 70 kg
- 3. Gross weight: 115 kg
- 4. Package dimensions: 1180 × 1050 × 580 mm



TS-PL73 //

Hip Raise

- 1. Dimensions: 1338 × 1524 × 790 mm
- 2. Net weight: 82.5 kg
- 3. Gross weight: 130 kg
- 4. Package dimensions: 1360 × 1030 × 590 mm



TS-PL73B //

Hip Raise

- 1. Dimensions: 1765 × 1650 × 840 mm
- 2. Net weight: 100.5 kg
- 3. Gross weight: 148 kg
- 4. Package dimensions: 1360 × 1170 × 590 mm



TS-PL74 //

Hip Belt Squat

- 1. Dimensions: 1810 × 1380 × 1150 mm
- 2. Net weight: 143.5 kg
- 3. Gross weight: 190 kg
- 4. Package dimensions: 1500 × 1020 × 530 mm



TS-PL62 //

Seated Calf Raise

- 1. Dimensions: 1455 × 740 × 1045 mm
- 2. Net weight: 53.5 kg
- 3. Gross weight: 98 kg
- 4. Package dimensions: 1320 × 670 × 440 mm



TS-PL65 //

Squat Machine

- 1. Dimensions: 2285 × 1760 × 1565 mm
- 2. Net weight: 218.5 kg
- 3. Gross weight: 286 kg
- 4. Package dimensions: 2170 × 1220 × 600 mm



TS-PL66 //

Standing Press

- 1. Dimensions: 2080 × 1550 × 2105 mm
- 2. Net weight: 134 kg
- 3. Gross weight: 194 kg
- 4. Package dimensions: 1920 × 1640 × 480 mm



TS-PL75 //

Incline Chest Fly

- 1. Dimensions: 1545 × 1470 × 1090 mm
- 2. Net weight: 65 kg
- 3. Gross weight: 99 kg
- 4. Package dimensions: 1270 × 1100 × 420 mm



TS-PL76 //

Vertical Incline Leg Press

- 1. Dimensions: 1505 × 1335 × 1900 mm
- 2. Net weight: 165 kg
- 3. Gross weight: 210 kg
- 4. Package dimensions: 1970 × 1360 × 410 mm



TS-PL67 //

Standing Multi-Gym (Push / Pull)

- 1. Dimensions: 1945 × 1915 × 1925 mm
- 2. Net weight: 132.5 kg
- 3. Gross weight: 182 kg
- 4. Package dimensions: 1740 × 1520 × 550 mm



TS-PL68 //

Standing Multi-Gym (Lower Push / Pull)

- 1. Dimensions: 1890 × 1440 × 2560 mm
- 2. Net weight: 145 kg
- 3. Gross weight: 195 kg
- 4. Package dimensions: 1920 × 1320 × 550 mm



TS-PL69 //

Deadlift Rack

- 1. Dimensions: 1600 × 1525 × 790 mm
- 2. Net weight: 96.5 kg
- 3. Gross weight: 141 kg
- 4. Package dimensions: 140 × 1420 × 390 mm



TS-H1 //

Chest Press

- 1. Dimensions: 970 × 700 × 1300 mm
- 2. Net weight: 43 kg
- 3. Gross weight: 58 kg
- 4. Package dimensions: 1000 × 1300 × 720 mm



TS-H2 //

Pec Deck

- 1. Dimensions: 970 × 840 × 1270 mm
- 2. Net weight: 43.5 kg
- 3. Gross weight: 59 kg
- 4. Package dimensions: 1000 × 1300 × 700 mm



TS-H3 //

Shoulder / Lat Pulldown (Back)

- 1. Dimensions: 970 × 700 × 1645 mm
- 2. Net weight: 45.5 kg
- 3. Gross weight: 60 kg
- 4. Package dimensions: 1000 × 1300 × 700 mm

H THERAPY SERIES



TS-H4

Biceps / Triceps

- 1. Dimensions: 1140 × 690 × 880 mm
- 2. Net weight: 33 kg
- 3. Gross weight: 48 kg
- 4. Package dimensions: 950 × 920 × 720 mm



TS-H5

Leg Extension / Curl

- 1. Dimensions: 1395 × 744 × 1340 mm
- 2. Net weight: 47 kg
- 3. Gross weight: 67 kg
- 4. Package dimensions: 1450 × 780 × 1360 mm



TS-H6

Hip Adductor / Abductor

- 1. Dimensions: 1575 × 1625 × 1420 mm
- 2. Net weight: 50 kg
- 3. Gross weight: 70 kg
- 4. Package dimensions: 1400 × 720 × 1350 mm



TS-H7

Leg Press

- 1. Dimensions: 1595 × 650 × 1555 mm
- 2. Net weight: 54 kg
- 3. Gross weight: 74 kg
- 4. Package dimensions: 1630 × 650 × 1550 mm



TS-H8

Squat Machine

- 1. Dimensions: 1410 × 700 × 1195 mm
- 2. Net weight: 46 kg
- 3. Gross weight: 64 kg
- 4. Package dimensions: 1430 × 700 × 1230 mm



TS-H9

Back / Ab Trainer

- 1. Dimensions: 1210 × 800 × 1075 mm
- 2. Net weight: 40.5 kg
- 3. Gross weight: 55 kg
- 4. Package dimensions: 1300 × 720 × 1000 mm



TS-H10

Rotary Torso

- 1. Dimensions: 1015 × 930 × 935 mm
- 2. Net weight: 43 kg
- 3. Gross weight: 58 kg
- 4. Package dimensions: 970 × 730 × 520 mm



TS-H11

Glute Kickback

- 1. Dimensions: 1240 × 945 × 1175 mm
- 2. Net weight: 68 kg
- 3. Gross weight: 83 kg
- 4. Package dimensions: 1070 × 980 × 330 mm



TS-H12

Single Arm Lateral Raise

- 1. Dimensions: 770 × 900 × 1125 mm
- 2. Net weight: 45.5 kg
- 3. Gross weight: 60 kg
- 4. Package dimensions: 1130 × 930 × 200 mm

FM STRENGTH SERIES



TS-FM01

Seated Incline Chest Press

- 1. Dimensions: 1520 × 1215 × 1640 mm
- 2. Net weight: 195.5 kg
- 3. Gross weight: 238 kg
- 4. Package dimensions: 1740 × 1120 × 490 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM02

Rear Delt / Pec Fly Combo

- 1. Dimensions: 865 × 1260 × 2080 mm
- 2. Net weight: 187.5 kg
- 3. Gross weight: 237 kg
- 4. Package dimensions: 2040 × 1100 × 600 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM03

Pec Deck

- 1. Dimensions: 1135 × 1380 × 2080 mm
- 2. Net weight: 196 kg
- 3. Gross weight: 246 kg
- 4. Package dimensions: 2070 × 890 × 590 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM04

Seated Shoulder Press

- 1. Dimensions: 1590 × 1570 × 1640 mm
- 2. Net weight: 193 kg
- 3. Gross weight: 238 kg
- 4. Package dimensions: 1740 × 1170 × 500 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM05

Shoulder Trainer

- 1. Dimensions: 925 × 1010 × 1640 mm
- 2. Net weight: 181.5 kg
- 3. Gross weight: 226 kg
- 4. Package dimensions: 1700 × 1020 × 620 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM06

Seated Pulldown

- 1. Dimensions: 1300 × 1565 × 1930 mm
- 2. Net weight: 193 kg
- 3. Gross weight: 238 kg
- 4. Package dimensions: 1730 × 1080 × 480 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM07 //

Lat Pulldown

- 1. Dimensions: 1000 × 1435 × 2260 mm
- 2. Net weight: 187 kg
- 3. Gross weight: 242 kg
- 4. Package dimensions: 2310 × 1110 × 400 mm
- 5. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM08 //

Rowing Back Machine

- 1. Dimensions: 870 × 1290 × 1760 mm
- 2. Net weight: 187 kg
- 3. Gross weight: 237 kg
- 4. Package dimensions: 1860 × 1040 × 680 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM09 //

Bicep Curl

- 1. Dimensions: 1120 × 1265 × 1640 mm
- 2. Net weight: 178.5 kg
- 3. Gross weight: 223 kg
- 4. Package dimensions: 1720 × 920 × 530 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM16 //

Hip Abductor

- 1. Dimensions: 580 × 1450 × 1640 mm
- 2. Net weight: 195.5 kg
- 3. Gross weight: 240 kg
- 4. Package dimensions: 1700 × 870 × 710 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM17 //

Hip Adductor

- 1. Dimensions: 580 × 1450 × 1640 mm
- 2. Net weight: 195 kg
- 3. Gross weight: 240 kg
- 4. Package dimensions: 1700 × 870 × 710 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM18 //

Standing Calf Raise

- 1. Dimensions: 1100 × 1500 × 1695 mm
- 2. Net weight: 192.5 kg
- 3. Gross weight: 237 kg
- 4. Package dimensions: 1820 × 870 × 540 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM10 //

Triceps Extension

- 1. Dimensions: 1120 × 1265 × 1640 mm
- 2. Net weight: 183.5 kg
- 3. Gross weight: 228 kg
- 4. Package dimensions: 1720 × 820 × 530 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM11 //

Assisted Pull-Up

- 1. Dimensions: 1220 × 1445 × 2320 mm
- 2. Net weight: 248 kg
- 3. Gross weight: 308 kg
- 4. Package dimensions: 2360 × 1240 × 530 mm
- 5. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM12 //

Seated Leg Press

- 1. Dimensions: 1060 × 1960 × 1640 mm
- 2. Net weight: 248 kg
- 3. Gross weight: 305 kg
- 4. Package dimensions: 1920 × 820 × 800 mm
- 5. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM19 //

Seated Calf Raise

- 1. Dimensions: 1060 × 1770 × 1640 mm
- 2. Net weight: 188.5 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 1720 × 720 × 680 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM20 //

Leg Swing

- 1. Dimensions: 1100 × 1680 × 1760 mm
- 2. Net weight: 238.5 kg
- 3. Gross weight: 283 kg
- 4. Package dimensions: 1100 × 1680 × 1760 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM21 //

Back Machine

- 1. Dimensions: 1020 × 1170 × 1640 mm
- 2. Net weight: 194 kg
- 3. Gross weight: 239 kg
- 4. Package dimensions: 1770 × 920 × 760 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM13 //

Seated Leg Extension

- 1. Dimensions: 1065 × 1190 × 1640 mm
- 2. Net weight: 201 kg
- 3. Gross weight: 252 kg
- 4. Package dimensions: 1800 × 730 × 680 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM14 //

Seated Leg Curl

- 1. Dimensions: 1010 × 1410 × 1640 mm
- 2. Net weight: 216 kg
- 3. Gross weight: 266 kg
- 4. Package dimensions: 2170 × 990 × 580 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM15 //

Prone Leg Curl

- 1. Dimensions: 1070 × 1740 × 1640 mm
- 2. Net weight: 141 kg
- 3. Gross weight: 186 kg
- 4. Package dimensions: 1720 × 790 × 630 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM22 //

Ab Machine

- 1. Dimensions: 940 × 1620 × 1640 mm
- 2. Net weight: 204 kg
- 3. Gross weight: 249 kg
- 4. Package dimensions: 1700 × 790 × 580 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM23 //

Low Row

- 1. Dimensions: 2135 × 865 × 1800 mm
- 2. Net weight: 170 kg
- 3. Gross weight: 235 kg
- 4. Package dimensions: 2135 × 865 × 1800 mm
- 5. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM25 //

Hip Adductor / Abductor

- 1. Dimensions: 1460 × 617 × 1641 mm
- 2. Package dimensions: 1720 × 1020 × 780 mm
- 3. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM88 //

Multi-Directional Chest Press

- 1. Dimensions: 2025 × 1310 × 1640 mm
- 2. Net weight: 207 kg
- 3. Gross weight: 252 kg
- 4. Package dimensions: 1730 × 1080 × 480 mm
- 5. Weight stack: 75 kg(10*7 kg + 1*5 kg) + 2*2.5 kg



TS-FM89 //

High/Low Pulley All-in-One Machine

- 1. Dimensions: 2285 × 1130 × 2280 mm
- 2. Package dimensions: 2330 × 1110 × 430 mm
- 3. Weight stack: 96 kg(13*7 kg + 1*5 kg) + 2*2.5 kg



TS-C73 //

Adjustable Dumbbell

- 1. Dimensions: 340 × 270 × 125 mm
- 2. Net weight: 15 kg
- 3. Gross weight: 16 kg
- 4. Package dimensions: 400 × 170 × 370 mm



TS-C73B //

Adjustable Dumbbell

- 1. Dimensions: 380 × 335 × 130 mm
- 2. Net weight: 15 kg
- 3. Gross weight: 16 kg
- 4. Package dimensions: 400 × 170 × 370 mm



TS-C74 //

Multi-Purpose Trainer

- 1. Dimensions: 1510 × 1440 × 2125 mm
- 2. Net weight: 97 kg
- 3. Gross weight: 147 kg
- 4. Package dimensions: 2250 × 920 × 460 mm
- 5. Flat oval tube: 50 × 100 × T3 mm



TS-C75 //

Multi-Functional Flat Bench

- 1. Dimensions: 1500 × 710 × 1120 mm
- 2. Net weight: 36 kg
- 3. Gross weight: 85 kg
- 4. Package dimensions: 1300 × 650 × 580 mm
- 5. Flat oval tube: 50 × 100 × T2.5 mm
- 6. Square steel tube: 50 × T2.5 mm



TS-C80 //

Multi-Functional Smith Machine

- 1. Dimensions: 1970 × 1700 × 2280 mm
- 2. Net weight: 198 kg
- 3. Gross weight: 329 kg
- 4. Package dimensions: 2270 × 900 × 430 mm + 370 × 540 × 230 mm
- 5. Flat oval tube: 50 × 70 × T2.5 mm



TS-C81 //

Multi-Functional Smith Machine

- 1. Dimensions: 1980 × 1500 × 2280 mm
- 2. Net weight: 360 kg
- 3. Gross weight: 450 kg
- 4. Package dimensions: 2270 × 900 × 430 mm + 370 × 540 × 230 mm
- 5. Flat oval tube: 50 × 70 × T2.5 mm



TS-C33 //

Storage Rack

- 1. Dimensions: 2140 × 640 × 1460 mm
- 2. Net weight: 108 kg
- 3. Gross weight: 148 kg
- 4. Package dimensions: 2020 × 740 × 335 mm



TS-C43 //

Sissy Squat

- 1. Dimensions: 875 × 715 × 500 mm
- 2. Net weight: 24.5 kg
- 3. Gross weight: 37 kg
- 4. Package dimensions: 790 × 490 × 480 mm



TS-C45 //

Calf Stretcher

- 1. Dimensions: 641 × 389 × 116 mm
- 2. Net weight: 9 kg
- 3. Gross weight: 22 kg
- 4. Package dimensions: 725 × 480 × 270 mm



TS-C83B //

Adjustable Dumbbell

- 1. Dimensions: 430 × 210 × 210 mm
- 2. Net weight: 25 kg
- 3. Gross weight: 26 kg
- 4. Package dimensions: 500 × 300 × 320 mm



TS-C85 //

Multi-Functional Squat Rack

- 1. Dimensions: 1720 × 1475 × 2350 mm
- 2. Net weight: 146 kg
- 3. Gross weight: 206 kg
- 4. Package dimensions: 2320 × 740 × 450 mm
- 5. Square steel tube: 50 × 50 × T2.5 mm, 50 × 80 × T2.5 mm



TS-C86 //

Multi-Functional Smith Machine

- 1. Dimensions: 2005 × 1920 × 2280 mm
- 2. Net weight: 577 kg
- 3. Gross weight: 698 kg
- 4. Package dimensions: 2250 × 1500 × 520 mm
- 5. Flat oval tube: 50 × 100 × T2.5 mm

C GYM SPECIALIZED RACK SERIES



TS-C87 //

Adjustable Dumbbell Rack

- 1. Dimensions: 695 × 560 × 490 mm
- 2. Net weight: 13 kg
- 3. Gross weight: 14.5 kg
- 4. Package dimensions: 620 × 570 × 85 mm



TS-C88 //

Adjustable Dumbbell Rack

- 1. Dimensions: 575 × 540 × 570 mm
- 2. Net weight: 14 kg



TS-C90 //

Multi-Functional Smith Machine
(with Weight Stack)

- 1. Dimensions: 1965 × 2030 × 440 mm
- 2. Net weight: 448 kg
- 3. Gross weight: 523 kg
- 4. Package dimensions: 2270 × 1070 × 440 mm
- 5. Flat oval tube: 50 × 80 × T2.5 mm



TS-C95 //

Standing Hip Abductor

- 1. Dimensions: 1720 × 830 × 1480 mm
- 2. Net weight: 102.5 kg
- 3. Gross weight: 146 kg
- 4. Package dimensions: 1420 × 1020 × 880 mm



TS-TXD030 //

3D Smith Machine - Stainless Steel

- 1. Dimensions: 2585 × 2205 × 2425 mm
- 2. Net weight: 113 kg
- 3. Gross weight: 185 kg
- 4. Package dimensions: 2520 × 1220 × 680 mm



TS-TXD030-1 //

3D Smith Machine - Standard Steel

- 1. Dimensions: 2585 × 2205 × 2425 mm
- 2. Net weight: 113 kg
- 3. Gross weight: 185 kg
- 4. Package dimensions: 2520 × 1220 × 680 mm



TS-WG171 //

Plyometric Jumping Stool Set

- 1. Dimensions: 3000 × 640 × 1475 mm
- 2. Net weight: 55 kg



TS-SPL01 //

Vertical Chest Press

- 1. Dimensions: 1905 × 1395 × 1620 mm
- 2. Weight: 238 kg



TS-SPL02 //

Incline Chest Press

- 1. Dimensions: 1845 × 1445 × 1860 mm
- 2. Weight: 220 kg



TS-SPL03 //

Decline Chest Press

- 1. Dimensions: 1840 × 1395 × 1620 mm
- 2. Weight: 218 kg



TS-SPL04 //

Flat Press

- 1. Dimensions: 2145 × 1400 × 1620 mm
- 2. Weight: 229 kg



TS-SPL05 //

Incline Press

- 1. Dimensions: 2420 × 1395 × 1620 mm
- 2. Weight: 242.5 kg



TS-SPL06 //

Super Mid Chest

- 1. Dimensions: 2080 × 1845 × 1620 mm
- 2. Weight: 217 kg



TS-SPL07 //

Super Upper Chest

- 1. Dimensions: 2050 × 1435 × 1620 mm
- 2. Weight: 197 kg



TS-SPL08 //

Super Lower Chest

- 1. Dimensions: 2475 × 1400 × 1620 mm
- 2. Weight: 239 kg



TS-SPL09 //

Multi-Grip Flat Bench Press

- 1. Dimensions: 2230 × 1395 × 1620 mm
- 2. Weight: 216.5 kg

SPL STRENGTH SERIES



TS-SPL10 //

Dual-Station Split Pushdown

- 1. Dimensions: 1720 × 1500 × 1080 mm
- 2. Weight: 165 kg



TS-SPL11 //

Triceps Pushdown

- 1. Dimensions: 1645 × 1500 × 1075 mm
- 2. Weight: 153.5 kg



TS-SPL12 //

Assisted Arm Pushdown

- 1. Dimensions: 2200 × 1400 × 1620 mm
- 2. Weight: 286 kg



TS-SPL19 //

Seated Row

- 1. Dimensions: 1830 × 1400 × 1620 mm
- 2. Weight: 268 kg



TS-SPL20 //

Circular Row

- 1. Dimensions: 2090 × 1400 × 1620 mm
- 2. Weight: 244 kg



TS-SPL21 //

Bent-Over Row

- 1. Dimensions: 1530 × 1365 × 1620 mm
- 2. Weight: 225 kg



TS-SPL13 //

Arm Pushdown

- 1. Dimensions: 1810 × 1370 × 1620 mm
- 2. Weight: 286 kg



TS-SPL14 //

Lat Pulldown

- 1. Dimensions: 2075 × 1445 × 1895 mm
- 2. Weight: 227.5 kg



TS-SPL15 //

Circular Pulldown

- 1. Dimensions: 1530 × 1645 × 2265 mm
- 2. Weight: 253 kg



TS-SPL22 //

T-Bar Row

- 1. Dimensions: 1830 × 1345 × 1620 mm
- 2. Weight: 137 kg



TS-SPL23 //

Front Lat Pulldown

- 1. Dimensions: 1475 × 1395 × 1620 mm
- 2. Weight: 186.5 kg



TS-SPL24 //

Lateral Raise

- 1. Dimensions: 170 × 1400 × 1620 mm
- 2. Weight: 221.5 kg



TS-SPL16 //

High Pull Row

- 1. Dimensions: 2165 × 1445 × 2160 mm
- 2. Weight: 238 kg



TS-SPL17 //

Horizontal Row

- 1. Dimensions: 1565 × 1445 × 1860 mm
- 2. Weight: 268 kg



TS-SPL18 //

Ultra-Low Row

- 1. Dimensions: 1555 × 1445 × 1860 mm
- 2. Weight: 256.5 kg



TS-SPL25 //

Deltoid Press

- 1. Dimensions: 2055 × 1395 × 1620 mm
- 2. Weight: 207 kg



TS-SPL26 //

Lateral Deltoid Press

- 1. Dimensions: 1325 × 1460 × 1620 mm
- 2. Weight: 158 kg



TS-SPL27 //

Rear Deltoid Press

- 1. Dimensions: 1550 × 1390 × 1620 mm
- 2. Weight: 141 kg



TS-SPL28 //

Triceps Press

- 1. Dimensions: 1955 × 1400 × 1620 mm
- 2. Weight: 256 kg



TS-SPL29 //

Split Triceps Extension

- 1. Dimensions: 1510 × 1855 × 1410 mm
- 2. Weight: 174 kg



TS-SPL30 //

Triceps Extension

- 1. Dimensions: 1460 × 1645 × 1365 mm
- 2. Weight: 137 kg



TS-SPL37 //

Split 45° Incline Leg Press

- 1. Dimensions: 2475 × 1790 × 1645 mm
- 2. Weight: 405 kg



TS-SPL38 //

Super Vertical Incline Leg Press

- 1. Dimensions: 2055 × 2210 × 2055 mm
- 2. Weight: 346 kg



TS-SPL39 //

Vertical Incline Leg Press

- 1. Dimensions: 2040 × 2195 × 2055 mm
- 2. Weight: 326 kg



TS-SPL31 //

Split Bicep Curl

- 1. Dimensions: 1215 × 1800 × 1060 mm
- 2. Weight: 138.5 kg



TS-SPL32 //

Bicep Curl

- 1. Dimensions: 1215 × 1600 × 1065 mm
- 2. Weight: 129.5 kg



TS-SPL33 //

Adjustable Bicep Curl

- 1. Dimensions: 1215 × 1915 × 1310 mm
- 2. Weight: 244 kg



TS-SPL40 //

Hack Squat

- 1. Dimensions: 1885 × 1395 × 1620 mm
- 2. Weight: 224 kg



TS-SPL41 //

Adjustable Hack Squat

- 1. Dimensions: 1980 × 1495 × 1620 mm
- 2. Weight: 255 kg



TS-SPL42 //

Pendulum Squat

- 1. Dimensions: 2020 × 1860 × 1445 mm
- 2. Weight: 280 kg



TS-SPL34 //

Incline Leg Press

- 1. Dimensions: 2605 × 1605 × 1630 mm
- 2. Weight: 322 kg



TS-SPL35 //

Horizontal Leg Press

- 1. Dimensions: 2760 × 1595 × 1680 mm
- 2. Weight: 286 kg



TS-SPL36 //

45° Incline Leg Press

- 1. Dimensions: 2450 × 1770 × 1620 mm
- 2. Weight: 379 kg



TS-SPL43 //

Belt Squat

- 1. Dimensions: 1650 × 1395 × 1620 mm
- 2. Weight: 276 kg



TS-SPL44 //

Standard Leg Press

- 1. Dimensions: 2280 × 1345 × 1620 mm
- 2. Weight: 287 kg



TS-SPL45 //

Super Leg Press

- 1. Dimensions: 2135 × 1345 × 1620 mm
- 2. Weight: 279 kg



TS-SPL46 //

Leg Press

- 1. Dimensions: 2180 × 1400 × 1425 mm
- 2. Weight: 235 kg



TS-SPL47 //

Hip Raise

- 1. Dimensions: 2080 × 1425 × 1390 mm
- 2. Weight: 274 kg



TS-SPL48 //

Standing Hip Abduction

- 1. Dimensions: 1950 × 1400 × 1620 mm
- 2. Weight: 289 kg



TS-SPL55 //

Glute / Back Machine

- 1. Dimensions: 1370 × 1275 × 1500 mm
- 2. Weight: 163 kg



TS-SPL56 //

Seated Calf Raise

- 1. Dimensions: 1535 × 1275 × 1270 mm
- 2. Weight: 188 kg



TS-SPL57 //

Standing Calf Raise

- 1. Dimensions: 1920 × 1360 × 1620 mm
- 2. Weight: 197 kg



TS-SPL49 //

Split Leg Extension

- 1. Dimensions: 1325 × 1695 × 1505 mm
- 2. Weight: 189 kg



TS-SPL50 //

Seated Leg Extension

- 1. Dimensions: 1326 × 1420 × 1505 mm
- 2. Weight: 179 kg



TS-SPL51 //

Split Prone Leg Curl

- 1. Dimensions: 1675 × 1635 × 895 mm
- 2. Weight: 182 kg



TS-SPL58 //

Straight Arm Chest Fly

- 1. Dimensions: 1605 × 1450 × 1930 mm
- 2. Weight: 234 kg



TS-SPL59 //

Calf Raise

- 1. Dimensions: 1885 × 1445 × 1900 mm
- 2. Weight: 258 kg



TS-SPL60 //

Smith Machine

- 1. Dimensions: 1460 × 2205 × 2475 mm
- 2. Weight: 220 kg



TS-SPL52 //

Prone Leg Curl

- 1. Dimensions: 1685 × 1360 × 845 mm
- 2. Weight: 136 kg



TS-SPL53 //

Seated Leg Curl

- 1. Dimensions: 1440 × 1420 × 1505 mm
- 2. Weight: 168 kg



TS-SPL54 //

Kneeling Leg Curl

- 1. Dimensions: 1215 × 1915 × 1570 mm
- 2. Weight: 207.5 kg



TS-SPL61 //

Squat Rack

- 1. Dimensions: 1535 × 1545 × 2520 mm
- 2. Weight: 178 kg



TS-SPL62 //

Squat Cage

- 1. Dimensions: 1710 × 1545 × 2520 mm
- 2. Weight: 205.5 kg



TS-SPL63 //

Power Rack Shoulder Press

- 1. Dimensions: 1425 × 1595 × 1855 mm
- 2. Weight: 178 kg



TS-SPL64 //

Seated Preacher Curl Bench

- 1. Dimensions: 1560 × 1595 × 965 mm
- 2. Weight: 79 kg



TS-SPL65 //

Preacher Curl Stand

- 1. Dimensions: 880 × 1250 × 970 mm
- 2. Weight: 55 kg



TS-SPL66 //

Prone Row

- 1. Dimensions: 1395 × 1155 × 905 mm
- 2. Weight: 77.5 kg



TS-SPL67 //

Tower Chest Press

- 1. Dimensions: 2235 × 1745 × 1615 mm
- 2. Weight: 245 kg



TS-SPL68 //

Tower Shoulder Press

- 1. Dimensions: 2100 × 1955 × 2215 mm
- 2. Weight: 242 kg



TS-SPL69 //

3D Hip Abduction

- 1. Dimensions: 2010 × 1400 × 1620 mm



TS-SPL70 //

Adjustable Chest Press

- 1. Dimensions: 1900 × 1450 × 2065 mm
- 2. Weight: 305 kg